Three-Country International Study Tour on Integrated Care

Barcelona, Catalonia, Spain
March 15-17 2015
Hosted by: Hospital Clinic Barcelona

Inverness, Scotland
March 21-24 2015
Hosted by: NHS Highland

Almere, The Netherlands
March 18-20 2015
Hosted by: The Jan van Es Institut

Barcelona, Catalonia, Spain
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Key Learning Objectives

- Examine whole-system reforms towards integrated care
- Understand how policy-making in different countries is being developed to support integrated care
- Assess the barriers, facilitators and key drivers for integrated care at a regional and local level
- Reflect upon the influence of different governance and financial incentives in the commissioning and contracting of integrated care
- Investigate through site visits innovative models of integrated primary, community and hospital care; and integrated health and social care
- Appraise the impact of integration on the quality and cost of care

Learning Style

Participants will learn through a combination of plenary lectures, observational analysis during site visits, and whole-group-discussions with presenters and facilitators. During each visit, time will be put aside to build and establish understanding of the home-country’s health and care system and the complexities of the political and organizational context in which innovations in integrated care are being taken forward. Participants will be encouraged to take a critical appreciation of the systems, process and cultures that help and/or hinder efforts at closer integration between institutions and teams enabling transfer of appropriate knowledge and ideas.

Highlights:

- Barcelona Esquerra – an integrated health care network in a suburb of Barcelona
- Consorci sanitari Osona – a virtually integrated care system in the district of Vic that seeks to integrate primary, hospital and long-term (aged) care supported by an electronic health system to support care co-ordination
- Consorci sanitari Terrassa – a fully integrated primary and hospital care organisation (ICO) operating in the district of Terrassa
- Project INTEGRATE – integrating care to people with COPD
- CAP Borrell / CAPSE (Primary Care Clinic) including a tour of a hospital-owned primary care clinic in the Barcelona Esquerra suburb, plus specific investigation of the relationship between primary care and the Hospital Clinic to improve chronic care and examination of home-care services from the primary care perspective
- Integrated Care Clinic (Hospital Clinic Barcelona) including tour of clinic followed by discussions with key staff on core issues including; programmes supporting patient empowerment and health literacy; pharmacy services – developing a shared formulary and drug adherence strategies; measuring the patient’s experiences of chronic care
- A tour and review of the Integrated Care Centre at Castadafells
- A lecture on the Catalonian Plan for Integrated Health and Social Care with Juan Carlos Contel Segura, Minister of Health

Barcelona, 15-17 March
Highlights:

- Visits to integrated care projects in the vicinity, including the Almere Health Care Group, an integrated primary and community care organisation
- An examination of integrated care systems in New Towns
- A look at Dutch Care Groups, care organisations that seek to manage chronic disease in the community
- Visits to integrated health and social care providers
- An assessment of the impact of bundled payments and other financial incentives in the Dutch system

Highlights:

- An introduction to the Scottish health and care system and Integrated care in NHS Highland
- Site visit to Mackenzie Centre/Royal Northern Infirmary, an example of integration of health and social care services
- Site visit to NHS Highland to understand how to best utilise Telehealth
- Site visit to Invergordon – a small Rural General Hospital where they work very closely with Consultant services in Inverness and local GP-led Social Care Services
- Integrated Health and Social Care: Fort William – a visit to Invernevis House, Lochabar and NHS-run care home with strong links to the local district general hospital to see a District Care Panel in Action
- Integrated Care in A Rural Community: Fort William - The West Lochabar Model – to hear about the challenges of running primary and community care services in remote and rural areas, and some of the solutions

Inverness, Scotland
21-24 March

Almere, The Netherlands
18-20 March

Wednesday 25th to Friday 27th March

Attend 15th International Conference on Integrated Care, Sheraton Grand Hotel and Spa, Edinburgh www.integratedcarefoundation.org/conference/15_annual
**Facilitator**

**Dr Nick Goodwin**, CEO, International Foundation for Integrated Care (IFIC)

Nick is a social scientist, academic and policy analyst with a specialist interest in investigating the organisation and management of primary, community and integrated care. Nick is co-Founder and CEO of the International Foundation for Integrated Care (IFIC), a not-for-profit membership-based foundation dedicated to improving the science knowledge and application of integrate care across the World and is Editor-in-Chief of its scientific periodical the International Journal of Integrated Care (www.ijic.org). Nick also works as a Senior Associate at The King’s Fund, London supporting its programme of research and analysis for improving and integrating care to older people and those with long-term conditions (LTCs).

**Who is it for?**

The study tour is designed to support leaders and managers with an interest in and responsibility for the successful adoption of integrated care in policy and practice.

Please note: all sessions will be conducted in English

**Prices**

**Prices for Attending One Study Tour**

Barcelona, Catalonia, 15-17 March  
€1800

Almere, The Netherlands, 18-20 March  
€1800

Inverness, NHS Highlands, Scotland, 21-24 March  
€2000

**Prices for Attending Two Study Tours**

Barcelona and Almere, 15-19 March  
€4000

Almere and NHS Highlands, 18-24 March  
€4200

**Price for Full Three Country Study Tour**

Barcelona, Almere and Inverness 15-24 March  
€6600

**Discounts for ICIC15 in Edinburgh on 25-27 March**

All delegates on the study tours will be able to register for ICIC15 in Edinburgh for a discounted rate of £325 usually reserved for IFIC members

**Discounts for Block Bookings**

Bookings of 5 or more delegates are eligible to claim a 5% group discount on the study tour prices

**Further Information**

WEB: www.integratedcarefoundation.org/courses
EMAIL: events@integratedcarefoundation.org