Integrated Care Matters

Intermediate Care and Reablement

Knowledge Tree Resources
Intermediate Care Frameworks and Services

Scotland

An Intermediate Care Framework for Scotland
Maximising Recovery; Promoting Independence - This document identifies the common and key components of an effective and coherent Intermediate Care system and includes a working definition, principles and outcomes which should underpin Intermediate Care, practice examples from across Scotland, and evidence of impact and effectiveness. [link]

Intermediate Care Community of Practice
Scotland hosts many resources, digital stories, evaluations, case studies and examples of good practice. [link]

Falls Prevention and Management Framework
The Prevention and Management of Falls in the Community: A Framework for Action for Scotland builds on the model presented in the Up and About resource. It focuses on falls prevention and management and the prevention of fractures for older people living in the community. [link 1] and [link 2]

Home from Hospital Activation Pack Scotland
This report describes the benefits of a Home from Hospital voluntary service that places a caring volunteer at the centre of an older person’s recovery plan to improve their experience and confidence at discharge, and help them regain independence and resilience. [link]

England

National Framework
Intermediate Care: Halfway Home describes the national framework for Intermediate Care published by the UK Department of Health in 2009. [link]

Testing of New Models of Care
50 Vanguard sites in England are testing new models of care in the Five Year Forward View. [link]

Realist Review of Intermediate Care in Local Context
Providing effective and preferred care closer to home: a realist review of intermediate care’ is an up-to-date and practical conceptual framework for understanding intermediate care in local contexts. It offers a ‘diagnostic checklist’ to highlight areas for improvement. [link]

Wales

Wales Model for Reablement and Intermediate Care
Two reports by Third sector organisations in Wales (Royal Voluntary Service and AgeCymru) explore the provision of reablement and intermediate services across Wales. [link 1] and [link 2]
International Examples

The Netherlands

In the Netherlands, a model has been developed for vertical integration or step-down intermediate care of frail older people and for managing illnesses such as depression. [link 1] and [link 2]

Norway

In Norway, intermediate care has been evaluated as an alternative to hospital admission. At a community hospital, intermediate care reduced readmissions and resulted in increased patient independence in the community. [link]

Acute admissions to a community hospital - health consequences: a randomized controlled trial in Hallingdal, Norway.  Abstract: Health care professionals in several countries are searching for alternatives to acute hospitalization. In Hallingdal, Norway, selected acute patients are admitted to a community hospital. The aim of this study was to analyse whether acute admission to a community hospital as an alternative to a general hospital had any positive or negative health consequences for the patients. [link]

USA

Medical House Call Program: Washington
At Washington Hospital, teams of geriatricians, nurse practitioners, and social workers make house calls to patients too sick or weak to visit primary care physician. Patients’ caregivers receive support and skills training. [link]

Evaluating the Effectiveness of Intermediate Care

UK National Audit of Intermediate Care
The UK National Audit of Intermediate Care aims to take a whole system view of the effectiveness of intermediate care, to develop quality standards and patient outcome measures and to assess local performance against the agreed, national standards. [link]

The NAIC Summary Report 2015 [link]
Other Useful Resources

The King’s Fund published a comprehensive reading list on Intermediate Care and Reablement in June 2013 - [link]

The British Geriatrics Society Fit for Frailty campaign and resources highlights the contribution of Intermediate Care [link]

NICE has published new guidance on older people with social care needs and multiple long-term conditions [link]

The Social Care Institute for Excellence website hosts a range of resources on reablement [link]