



## Special Interest Group on Intermediate Care

### Purpose

Intermediate is a range of time-limited services, at the interface between home and acute hospital, which ensure continuity and quality of care, promote recovery, and restore independence and confidence. The continuum of intermediate care services includes Rapid Response alternative pathways for falls; Hospital at Home; discharge to assess and nurse led transitional care programmes; reablement and rehabilitation at home; and step up and step down beds in community hospitals, care homes or skilled nursing facilities. This Special Interest Group (SIG) aims to facilitate collaboration across disciplines and across countries to enhance our understanding, adoption and evaluation of Intermediate Care as a key component of people centred integrated care. The SIG will provide a platform for members to share implementation experience, highlight good practice, signpost practical resources, and agree and collaborate on research, education and evaluation priorities for Intermediate Care.

### Getting Involved

The SIG is for practitioners, managers, researchers, students, and policy makers engaged in planning, designing and delivering Intermediate Care in different health and care systems.

If you have an interest in Intermediate Care, please email your name; organisation; and contact details to [IFICscotland@integratedcarefoundation.org](mailto:IFICscotland@integratedcarefoundation.org). Please also send useful resources to share on the SIG page at [IFIC Scotland SIGs - IFIC \(integratedcarefoundation.org\)](https://www.integratedcarefoundation.org/scotland/sigs/)

### Activities

Members shape the scope of SIG activities and outputs. These include:

- Good practice case studies, webinars and blogs
- Study Visits, twinning and peer action learning
- Evidence reviews and consensus documents
- Collaborative action research, benchmarking and evaluation

### Topics for 2020 – 2023

- International Consensus definition and examples of practice
- Involving Third sector partners and volunteers
- Improving and evaluating care transitions
- Reablement support at home
- Workforce development and capability

## SIG Leads



### **Anne Hendry, IFIC Scotland Director**

Honorary Professor, University of the West of Scotland  
Deputy Honorary Secretary, British Geriatrics Society  
Clinical lead for Reshaping Care for Older People in  
Scotland 2011- 2016. Work package leader Advantage JA 2017-2019



### **Dr Marco Inzitari, Parc Sanitari Pere Virgili Hospital, Barcelona**

Director of Healthcare Research and Teaching in a large intermediate care hospital, Associate Professor of Medicine, Universitat Autònoma de Barcelona, and President of the Catalan Society of Geriatrics and Gerontology. His interests include frailty, person centred care, healthcare technology, e-Health and prevention.

## SIG Coordinator



### **Marie Curran, IFIC Scotland Coordinator**

Marie supports a number of IFIC Special Interest Groups and administers the Integrated Care Matters Webinars Series. She has a background in producing digital media, training staff on the use of IT systems, and providing project management and improvement support to health and social care partners.

## Moderators

Anne, Marco and Marie are supported by practitioners and researchers who are implementing or evaluating intermediate care. Volunteer moderators are drawn from the SIG membership and will change over time to enrich the knowledge base, enable sharing of experience, and extend the reach of the global community of practice. Moderators are knowledgeable and passionate about intermediate care and will be expected to:

- Support the SIG lead to update the annual workplan
- Identify specific topic areas to lead on
- Mobilise their networks to source and share resources, updates, and learning opportunities that can be uploaded to the SIG
- Encourage members to use the SIG as a discussion forum
- Contribute a blog about their work or local developments
- Participate in SIG virtual meetings and IFIC conference workshops
- Host or contribute to Integrated Care Matters Webinars



**Dr Lucy Fergus, Hawkes Bay District Health Board, New Zealand**

Geriatrician and clinical lead of engAGE, an integrated care service linking community, hospital and primary care which supports frail older people to remain independent at home. She uses skills in leadership and improvement to change systems and enhance the health of older people and is passionate about collaborating with others both in New Zealand and overseas.



**Dr Gastón Perman, Hospital Italiano de Buenos Aires, Argentina**

Internal Medicine specialist and Clinical Lead in Health and Social Care Integration. Senior Cabinet Advisor for the Ministry of Health in Buenos Aires Province, and Assistant Professor of Public Health. His group works on an integral plan for the Elderly, including health promotion and healthy ageing.



**Dr Kerry Kuluski, Univeristy of Toronto, Canada**

Scientist at the Lunenfeld-Tanenbaum Research Institute, Sinai Health System and Assistant Professor, Institute of Health Policy, Management and Evaluation, University of Toronto. She had a Postdoctoral Visiting Fellowship at the University of Oxford where she worked with the Health Experiences Research Group.



**Dr Janet Bettger, Duke University, US**

As a health services researcher and implementation scientist, she designs and studies new models of care to prevent functional decline particularly after an injury or hospitalization for an acute event or surgery. She deeply values interdisciplinary team science and enjoys building networks of partners to spread and scale effective interventions.



**Rujia Ali Shahul Hameed, Tan Tock Seng Hospital, Singapore**

Senior Nurse Manager in the Community Health Team, working on discharge planning in hospital, transition back to community, health promotion and healthy ageing. She is a volunteer in the community and greatly involved in volunteer training.



**Teija Hammar, National Institute for Health and Wefare, Finland**

Senior researcher in the Unit of Ageing and disability, she has a Masters in Nursing and a Doctorate in Health Economics. Her interests include quality and integration of halth and social care services and end of life care. She participated in the European Joint Action on Frailty and is a trainer for the research collaborative on Palliative Care for Elderly People.