Self Management and Co-production Special Interest Group

Purpose
This Special Interest Group (SIG) aims to facilitate collaboration across sectors and between Countries to enhance our understanding, adoption and evaluation of Self management and Co-production.

This SIG will build upon the collaboration fostered by the UK’s first Four Nations Summit on Self Management, hosted by the Health and Social Care Alliance Scotland in October 2017. The summit brought together a collective of 50 leaders from across the United Kingdom – reflecting the diversity of perspectives, disciplines and sectors which make up the health and care systems of the UK - to consider “what needs to be done in order that everyone is able to self manage on their terms?”

Members
The SIG is for people with lived experience, practitioners, managers, researchers, students, policy makers and health economists engaged in planning, designing, delivering and evaluating Self management and Co-production principles and approaches to engage, empower and enable people centred integrated care in different health and care systems.

Activities
The SIG will provide a platform for members to share implementation experience, highlight examples of good practice, signpost practical resources, and agree and collaborate on research, education and evaluation priorities for self management and coproduction. Members will shape the scope of SIG activities and outputs. These may include:

- Webinars and online peer support
- Good practice case studies
- Practical resources – guidance and tools
- Study Visits
- Blogs
- Evidence reviews
- Consensus documents
- Collaborative action research
- Benchmarking
SIG Lead: Sara Redmond

Programme Manager,
Self Management and Co-production Hub,
Health and Social Care Alliance Scotland.

Moderators

Sara will be supported by practitioners, researchers and Third sector partners who are implementing or evaluating self management and coproduction. Volunteer moderators, drawn from the membership of the SIG, will change over time to enrich the knowledge base and extend the reach of the global community of practice.

If you have an interest in Self Management and Co-production, practical experience or resources to share, a question or challenge for SIG members, or suggestions for future SIG activities please contact Marie Curran our SIG facilitator

Sinead Malone

Regional ICP Business Manager in the Directorate of Integrated Care at the Health and Social Care Board in Northern Ireland. Master’s Degree in Health Psychology and has worked in the area of health and social care for the last 15 years, primarily in service improvement roles both in the voluntary sector and in the statutory sector. Currently works for the Northern Ireland Health and Social Care Board in the area of Integrated Care and particularly the establishment of Integrated Care Partnerships (ICPs). Sinead has a particular interest in collaborative working co-production and self-management.

Claire Hurlin

Strategic Head of Community and Chronic Conditions Management. Claire is currently the Strategic Head of Community and Chronic Conditions Management in Hywel Dda University Health Board responsible for the strategic implementation of the Chronic Conditions Programme and leads and co-ordinates a range of activities that promote excellence in chronic conditions management
practice through utilization of evidence and research. This requires Claire to manage on behalf of the Director of Primary, Community and Long Term Care a range of programmes including diabetes care, respiratory care, Technology Enabled Care and supporting projects to address commissioning, performance and services for chronic conditions management. Claire is also operationally responsible for the Hywel Dda Home Oxygen Service and the Education Programme for Patients and a Bevan Exemplar.

**Raquel Castro**

Open Academy Director, Social Policy Director at EURORDIS-Rare Diseases Europe

Raquel Castro leads EURORDIS’ activities to promote the integration of rare diseases into social services/policies and integrated care for people living with a rare disease and their carers. Raquel also heads the EURORDIS Open Academy, which provides capacity-building programmes to patient advocates. Raquel was previously in charge of EURORDIS’ activities within the EU-funded project INNOVCare focused on bridging the gaps between health and social care, to improve care for rare diseases and other complex conditions. She was also involved in the European Joint Actions for Rare Diseases, supporting the elaboration and the implementation of the “Commission Expert Group on Rare Diseases Recommendations to Support the Incorporation of Rare Diseases into Social Services and Policies” and coordinating the mapping of social services, policies and good practices across Europe. Prior to joining EURORDIS, Raquel designed and coordinated the Portuguese Help Line for rare diseases, after having worked with development projects in Europe and in India.

**Topics for 2018 – 2020**  
Options for the initial focus of the SIG include:

- Understand the evidence base about self-management and evaluating self-management approaches, and associated concepts such as enablement: what works for individuals, families and systems in different context and life circumstances.

- Ways of communicating public messages on self-management and wellbeing and gathering evidence on approaches to citizen engagement

- Compare approaches to participation, co-design and peer research

- Share experience and evidence on effective health literacy and social prescribing signposting and support for shared decision making

- Exploring the role of the third sector, of volunteers, of people with lived experience and unpaid carers
Interested Stakeholders to link with

- Four Nations Summit delegates
- Realistic Medicine champions
- Coproduction Network - Scotland and Wales
- Self Care Forum
- National Voices
- IPOSi
- LTCANI
- Personal outcomes collaboration
- Institute for Positive Health - the Netherlands
- Qulturum and Esther Network – Sweden
- CHAIN SM
- Bevan Commission Wales

Get Involved
If you have an interest in self-management and co-production, practical experience or resources to share, a question or challenge for SIG members, or suggestions for future SIG activities please contact Marie Curran, SIG facilitator. Please send Marie your name; organisation; and email contact to IFICscotland@integratedcarefoundation.org

Sign up to access the SIG resources:
https://integratedcarefoundation.org/ific-members-network/special-interest-groups