



Designing and Implementing Integrated Care

An Accelerated Learning Course for Leaders in Integrated Care Programs in Australia

**Centre for Rural and Remote Mental Health,
University of Newcastle, Orange, New South Wales**

Monday, 4 November – Friday 8 November 2019





Course Description

This accelerated learning course in association with Australia Healthcare and Hospitals Association (AHHA) responds to demand from the health and care sector to help build capacity and skills in the effective adoption of integrated care programs in practice. The course seeks to capitalise on the success of last year's course held at the Centre for Rural and Remote Mental Health in Orange NSW.

This course is designed as a residential program to support PHNs/LHDs, and their local partners, to build their knowledge about the design and implementation of integrated care programs to support specific project developments in their own context.

The course is designed for cohorts of between 4-6 delegates as an accelerated learning course to develop an implementation plan for their own integrated care projects. This may be an idea for a new project, or it could be to review and improve an existing project or program.

Before the residential program begins, cohort participants will work together to select or devise an integrated care project that they would like to develop during the one-week course.

Details to be provided:

- **A title for the project**
- **Outline the population group targeted for integrated care, including details of the local context for implementation**
- **Set out a 'problem statement' that creates the need and rationale for moving to an integrated approach to care**
- **Articulate the key outcomes being sought (e.g. for people, for the system)**
- **Detail the overarching aims and objectives of the program**

The groups will submit their project outlines to the course directors in early September and develop short presentations to share with other delegates on the first morning of the program.

To support an understanding of the current strengths and weaknesses of current care systems to achieve the aims and objectives of local initiatives, the groups will be sent an online survey – the Integrated Care Initiative Tool - to examine the strength or presence of key evidence-based building blocks in the development of integrated care systems. Based on the dimensions of the EU Project INTEGRATE framework, the purpose of using the tool is to enable the participants to self-assess existing care service delivery against a set of international benchmarks. The survey takes about 30-40 minutes to complete.

The benchmarking survey need not be limited to the views of the participants but could be sent to key persons across their specific health and care systems to get a wider perspective on the services they wish to integrate. The surveys, administered to individuals, would need to be completed by mid-October and submitted to the faculty of the accelerated learning course for analysis.

The results and reflections of the benchmarking process will be used to support participants to undertake a situational analysis during the course. This analysis helps to provide an understanding of the issues to be resolved in local contexts for building new skills competencies to deliver integrated care and encourages a look at issues to prioritise.

“ Overall an excellent experience that I am grateful to have been a part of. Thank you to everyone involved for your generosity in the time and wisdom shared with us. ”

PHN participant, International Summer School on Integrated Care, March 2018



Syllabus

The course will include presentations, cases and discussions on the following topics:

- The building blocks of integrated care
- An implementation model for integrated care
- Involving patients, caregivers and communities
- Collaborating across professional and sectoral boundaries
- Educating and training a competent workforce
- Governance and policy design to support whole system transformation
- Financing integrated care and creating incentives
- Evaluating and assessing integrated care
- Leading and managing change: designing integrated care solutions and implementing change
- Case Study Work – diagnosis, analysis and design, and strategic planning
- Half-day study visit to Molong to examine how integrated care has been pioneered in Western NSW

Faculty

The faculty consists of national and international experts who provide first hand insights into their respective fields, basing their presentations on scientific and professional experiences.

- **Dr Nick Goodwin**, CEO, International Foundation for Integrated Care
- **Dr Toni Dedeu**, Director of Programmes International Foundation for Integrated Care (IFIC)
- **Professor David Perkins**, Director and Professor of Rural Health Research, Centre for Rural & Remote Mental Health, University of Newcastle
- **Dr Hazel Dalton**, Research Leader and Senior Research Fellow, Centre for Rural & Remote Mental Health, University of Newcastle

Guest speakers will be invited to join the faculty to support the delivery of the syllabus.

“ I recently attended the Accelerated Learning Program in Orange and what a fantastic opportunity it was! The content was in-depth and took my understanding of IC to another level. It was wonderful to meet the leaders in this field, bringing research to clinical practice and service design. I was able to refine my project plan and was left with some clear goals to work on. The opportunity to network with other teams from around the state was an enjoyable bonus. I would highly recommend this intensive week of learning. ”

NSW LHD participant, Accelerated Learning Course, October 2018

Requirements and Fees

This course is designed as a residential program to support PHNs/LHDs, and their local partners, to build their knowledge about the design and implementation of integrated care programs to support specific project developments in their own context. The course is designed for cohorts of between 4-6 delegates to use the accelerated learning course to develop an implementation plan for their own integrated care projects. This may be an idea for a new project, or it could be to review and support an existing project or program. Up to 40 participants will be selected following an application process.

Individuals: AUD \$4000 per delegate

Groups of 5 or more: AUD \$3600 per delegate

Please note that a further discount of 15% will be provided to IFIC Australia Partners.

The course fee includes all teaching materials, refreshments, lunches plus dinners where indicated. In addition, the course fees include all travel and catering costs related to the study visit day.

The course fees do not include delegate accommodation, travel to/from the venue, and breakfast and dinners, unless otherwise indicated in the course program.

Places on the course are available by direct application. To make a booking, or to find out more about the program, please contact Lucy McEvoy at Lucy.McEvoy@newcastle.edu.au

Deadline for applications is Friday, 30 August 2019

“ I recently attended the IFIC Summer school in Orange, NSW between 29th Oct – 2nd November. I have to say I thoroughly enjoyed myself and learnt so much. The program was excellent, packed full of some really useful and effective frameworks and tools for working within the integrated care space. Each Presenter was warm, exceptionally knowledgeable and very generous with their time. The program’s collegial atmosphere was also very conducive to learning and putting into practice newfound skills and knowledge. I really couldn’t recommend the course enough to those working to better integrate care services and systems. ”

PHN participant, Accelerated Learning Course, October 2018



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