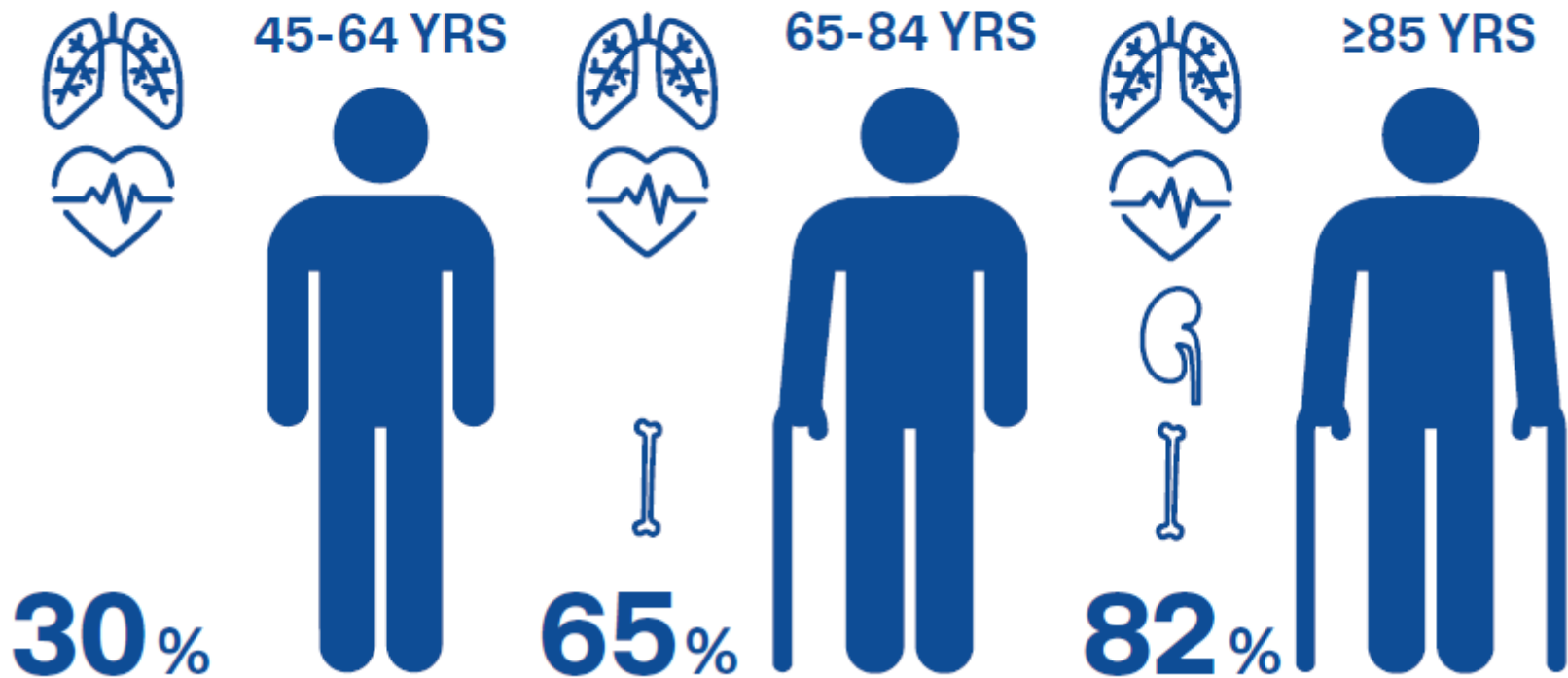
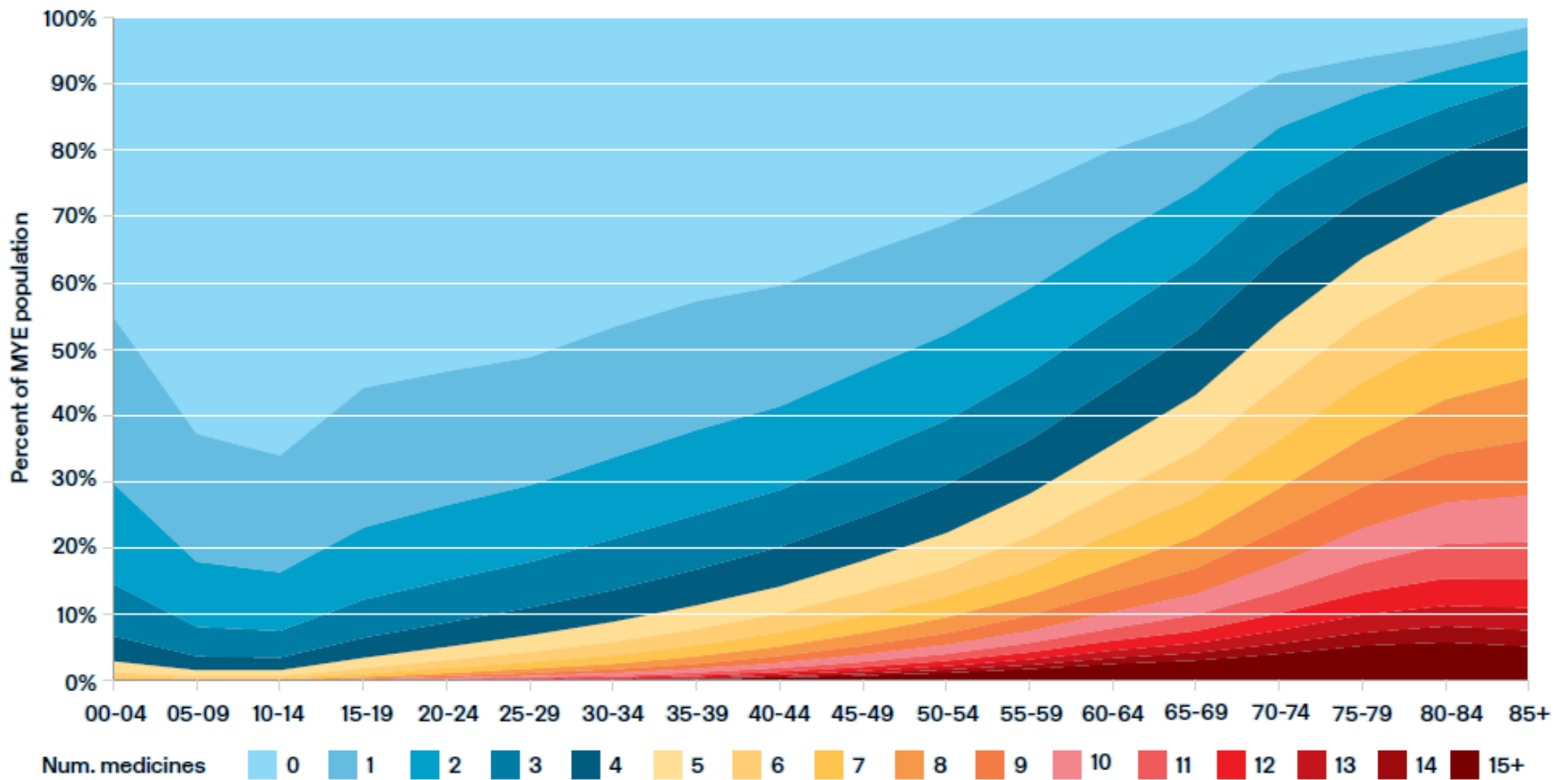


MORE PEOPLE HAVE MULTIMORBIDITY THAN A SINGLE DISEASE



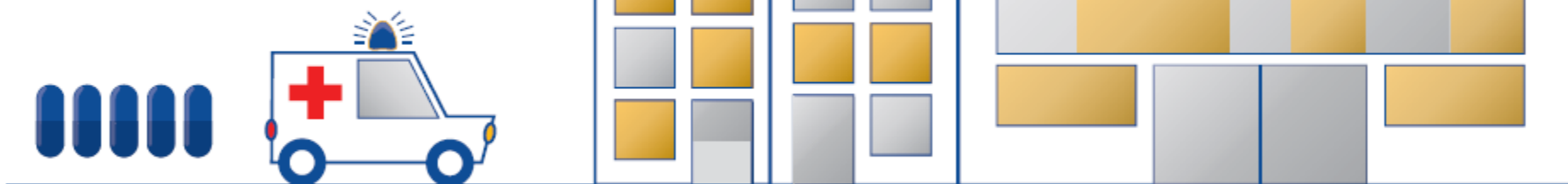
PERCENTAGE OF PEOPLE BY AGE GROUP ON MULTIPLE MEDICINES



Mair A, Fernandez-Llimos F, Alonso A, Harrison C, Hurding S, Kempen T, Kinnear M, Michael N, McIntosh J, Wilson M, The Simpathy consortium. Polypharmacy Management by 2030: a patient safety challenge. Coimbra: SIMPATHY Consortium; 2017. Available at: www.simpathy.eu
 The SIMPATHY project (663082) received funding from the European Union's Health Programme (2014-2020)

UNPLANNED HOSPITAL ADMISSIONS CAUSED BY ADVERSE DRUG EVENTS

8.6 MILLION
ADMISSIONS
IN EUROPE
EVERY YEAR



PREVENTABLE HOSPITAL ADVERSE DRUG EVENTS ADMISSIONS

PATIENTS
ON **5**
OR MORE
MEDICINES



PATIENTS
OVER
65 YEARS
OF AGE

50% ARE
PREVENTABLE

Six key recommendations:

- 1.** Use a systems approach that has multidisciplinary clinical and policy leadership
- 2.** Nurture a culture that encourages and prioritises the safety and quality of prescribing
- 3.** Ensure that patients are integral to the decisions made about their medications and are empowered and supported to do so
- 4.** Use data to drive change
- 5.** Adopt an evidenced based approach with a bias towards action
- 6.** Utilise, develop and share tools to support implementation