OUR PROJECTS

• National Compassionate Communities Forum
• Creative Legacy Program (artists in palliative care)
• Compassion@Work (workplace education and support)
• The 10K Project (community development in aged care)
• Death Literacy Index (population measurement tool)
• Dying to know Day (annual engagement campaign)
NATIONAL COMPASSIONATE COMMUNITIES FORUM
“Death, dying, loss and care is everyone’s responsibility. A public health approach to end of life care, views the community as an equal partner in the long and complex task of providing quality healthcare at the end of life. All members of this association hold this principle to be true and commit their respective organizations to this value and vision of end of life care.”

- PHPCI Home page: http://phpci.info
• Invited expressions of interest, helped map community readiness
• 30 applications
• Steering group selected 8 groups across 5 states
• Diverse mix of group settings
• Purpose: to learn and share
THE ‘GROUNDBREAKERS’
Compassionate Communities Forum

Hosted by the Northern NSW Local Health District & North Coast Primary Health Network

One thing's for sure – everyone dies.

Let's open up conversations about death and dying and talk about fostering compassion within our communities.

Come along to this free community forum and join health professionals, community members and friends to talk about this sometimes awkward subject.

- Hear from others about their experiences with dying and grief.
- Contribute your stories.
- Help start building a compassionate community.
- Tea, coffee and light refreshments provided.

Eventbrite: https://compassionatecommunitiesnetwork.eventbrite.com

The Compassionate Community Movement is changing the way we think, talk about and deal with death, dying and grief. In general, our fear stops us from accepting and planning for a good end of life. This fear stops us from living a great life. How well we do dying depends on how compassionate a community is towards the person dying and how well it matters to them.

Come along and contribute to what we can do better and differently in the Northern Beaches community, one of the most compassionate in the country.

Bundanoon – A Compassionate Community Meeting Invitation

Bundanoon has been selected to be part of The Groundswell Project’s Compassionate Communities Forums. Let’s chat about what this means for Bundanoon!

Date: Saturday 30 June 2018
Time: 3pm to 6pm
Location: Soldiers Memorial Hall, Bundanoon
Cost: Free
RSVP: connect@questforlife.com.au or via Eventbrite

The Compassionate Community movement is changing how we talk about and deal with illness, death, dying and grief. In general, our fear of death stops us from accepting and planning for a good end of life. This fear stops us from living a great life, but being a part of a Compassionate Community can help.

The only way to have a Compassionate Community is to build it together.
What will it take to create Compassionate Communities?

- Be someone who can be there when they need
- Check in on people
- Do small things
- Listen
- Help
- Know what to say and what not to say
- Support their grief/loss
- Support your community members

THE GROUNDSWELL PROJECT

COMPASSIONATE COMMUNITIES HUB

WESTERN SYDNEY UNIVERSITY

Bupa Health & Care
COMMON THREADS IN COMMUNITY

• Surprise at the existing services and groups

• Identified need for easier access to those resources → Community led EOL database

• Desire for an informal avenue to support each other and share experiences and learnings → Support cafes

• A hunger to learn more about end of life, upskill → Death Literacy workshops, seminars
SOME OF THE BARRIERS
WEBINAR SERIES

Learn from national and international thought leaders and relevant practitioners in Compassionate Communities through this webinar series, sharing stories and insight to further the movement for a better end of life experience in Australia.

Taking off in 2019!

It is my new years resolution to prioritise more communication about what we’re up to in this project. I’m afraid I get easily caught up in the ‘doing’ of the work rather than the sharing but I have come to realise that when it comes to furthering Compassionate Communities in Australia, we all need to be sharing.

Read More →
• Toolkit in development and research report due early 2020.

• Website: http://comcomhub.com

• Facebook.com/comcomhub

• Instagram: @comcomhub

• Email: holly@thegroundswellproject.com