Ageing and Frailty
Special Interest Group

Purpose
This Special Interest Group (SIG) aims to facilitate collaboration across disciplines and across Countries to enhance our understanding, adoption and evaluation of actions to promote healthy ageing and manage frailty as key components of people centred integrated care. The SIG will build on the outputs from the EU Joint Action on Frailty www.advantageja.eu and establish links with other communities of practice on ageing and frailty.

Members
The SIG is for people with lived experience, practitioners, managers, researchers, students, policy makers and health economists engaged in planning, designing, delivering and evaluating interventions to promote healthy ageing, prevent and manage Frailty.

Activities
The SIG will provide a platform for members to share implementation experience, highlight examples of good practice, signpost practical resources, and agree and collaborate on research, education and evaluation priorities for healthy ageing and management of frailty. Members will shape the scope of SIG activities and outputs. These may include:
- Webinars and online peer support
- Good practice case studies or blogs
- Practical resources – guidance and tools
- Study Visits
- Evidence reviews and consensus documents
- Collaborative action research
- Benchmarking

SIG Topics 2020 – 2022
- Promoting healthy ageing and age friendly communities
- Models of integrated care and support for people living with frailty
- Long term care and support at home or in care homes
- Inter-professional education to prevent and manage frailty
- Preventing and managing falls and fractures

May 2020
**SIG Leads**

Anne Hendry, IFIC Scotland Director  
Honorary Professor, University of the West of Scotland  
Deputy Honorary Secretary, British Geriatrics Society  
Clinical lead for Reshaping Care for Older People in Scotland 2011-2016  
Work package leader for Advantage JA 2017-2019

Janette Barrie, former nurse consultant and co-lead for Anticipatory Care Planning in Scotland, currently supporting the Frailty Matters research team at the University West of Scotland.

**Moderators**

Anne and Janette will be supported by practitioners, researchers and Third sector partners who are implementing or evaluating models of care to prevent and manage frailty. Volunteer moderators are drawn from the SIG membership to enrich the knowledge base, mobilise participation and extend the reach of the global community of practice. Moderators are knowledgeable and passionate about frailty and will be expected to:

- Support the SIG lead to update the SIG workplan each year
- Identify specific topic areas to lead on
- Mobilise their networks and colleagues to source and share resources, updates, and learning opportunities that can be uploaded to the SIG
- Encourage members to use the SIG as a discussion forum
- Contribute a blog about their work / developments
- Participate in SIG virtual meetings and ICIC workshops
- Host / contribute to Integrated Care Matters Webinars

**Get Involved**

If you have an interest in healthy ageing or prevention and management of frailty **please send your name; organisation; role and contact details to Janette.Barrie@uws.ac.uk**

Please send Janette your news items, case studies, links to reports and practical resources so these can be shared with SIG members.

**Sign up to access the SIG resources:**
[https://integratedcarefoundation.org/ific-members-network/special-interest-groups](https://integratedcarefoundation.org/ific-members-network/special-interest-groups)
Moderators

Dr Ana Maria Carriazo, Senior Advisor at the Regional Ministry of Health and Families of Andalusia (Spain), responsible for coordinating Andalusia Reference Site of the European Innovation Partnership on Active and Healthy Ageing and member of the Executive Board of the Reference Sites Collaborative Network.

Maria Lamprini Koula, Psychologist, Society of Psychosocial Research and Intervention, Ioannina, Greece

Prof Gaston Perman, Internal Medicine specialist, Clinical Lead in Health and Social Care Integration, Hospital Italiano, Buenos Aires, Argentina. Former senior Cabinet Advisor for the Ministry of Health in Buenos Aires Province, and Professor of Public Health.

Heather Edwards- Occupational Therapist, AHP Consultant for a portfolio which includes dementia, frailty and palliative and end of life care. Currently Interim Head of Improvement Support, Care Inspectorate Scotland.

Dr. Mohamed A. Salem, Higher Specialist Trainee, Geriatric Medicine. Board member/treasurer Geriatric Medicine Society of Malta, and Coordinator, Frailty Working Group.
Dr Rónán O’Caoimh, Consultant Geriatrician, Mercy University Hospital Cork. Honorary secretary of the Irish Society of Physicians in Geriatric Medicine, co-chair of the frailty subgroup of the National Clinical Programme for Older People and Irish Frailty Network, and coordinator for the A3 frailty subgroup of the European Innovation Partnership on Active and Healthy Ageing.

Dr Grace H Park, Family Physician in White Rock BC, Canada, Regional Medical Director – integrated community health services- Fraser Health Authority BC, Executive Medical Lead – CARES (Community Actions and Resources Empowering Seniors), Advancing Frailty Care in Community collaborative (Canadian Foundation for Health Improvement).

Dr Siobhán Kennelly, consultant geriatrician in Connolly Hospital & CHO9 and Clinical lead for the Connolly Hospital Memory Assessment and Support service. Honorary clinical senior lecturer, RCSI. National Clinical Advisory Group Lead for Older Persons HSE in 2019 and clinical lead on the Integrated Care Programme for Older Persons (ICPOP).

Dr Bola Owolabi MB BS DFFP MRCGP MSc is a General Practitioner and National Specialty Advisor for Older People and Integrated Person-Centred Care at NHS England and NHS Improvement. She’s Deputy Medical Director at Derbyshire Community Health Services (DCHS) NHS Foundation Trust. Bola has a particular interest in the Care of Older people, Quality Improvement and Integrated Care Models. She joins IFIC in an independent capacity as a practising GP and a practitioner in the community.

Dr Sarah L Mitchell is the Executive Director Allied Health, Scientific and Technical, Bay of Plenty District Health Board (DHB), New Zealand. She is also the Executive Sponsor for Integration within the DHB.
Prof. Regina Roller-Wirnsberger is Professor of Geriatric Medicine and Competency Based Curriculum Development at the Medical University of Graz, Austria. Prof. Roller-Wirnsberger is a leading member of the Austrian platform for interdisciplinary research on ageing and is the Secretary General of the Austrian Society for Geriatrics and Gerontology which is a member of the European Union Geriatric Medicine Society.

Sandra Aitcheson is Assistant Director of Nursing Adult Services for the Public Health Agency in Northern Ireland. She has dedicated her career to specialising in the care of Older People holding a number of clinical, managerial and strategic posts. Her current role involves leading from a nursing perspective the promotion of improved health and well-being for the adult population across Northern Ireland. In addition she is the professional lead for Frailty across the Public Health Agency.