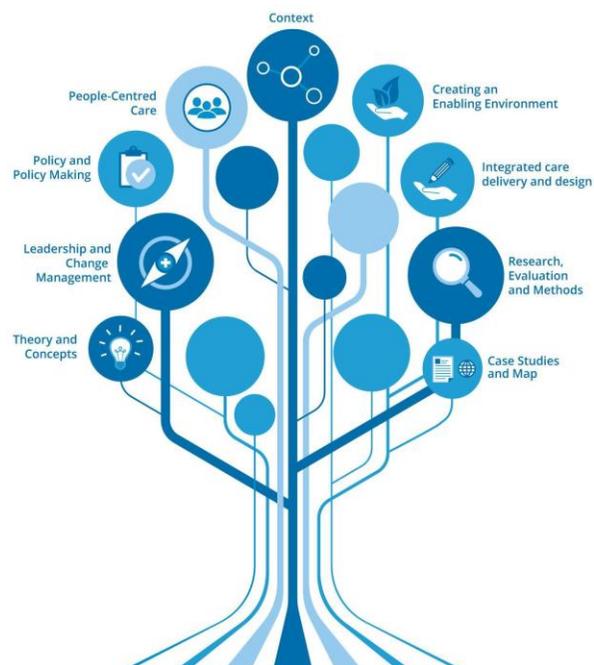


Integrated Care Matters: Build Back Better

Enhanced healthcare support in care homes - from rhetoric to reality

Knowledge Resource



About the information

The information provided in this document is intended to support the Integrated Care Matters webinar series.

Where possible, we select evidence that is published open access, and provided links to the materials referenced. Some are identified as author repository copies, manuscripts, or other copies, which means the author has made a version of the otherwise paywalled publication available to the public. Other referenced sources are pdfs and websites that are available publicly.

If you found this resource useful and would like to use the free [Evidence Search and Summary Service \(ESSS\)](#) to help you find and use evidence please get in touch to discuss your needs: esss@iriss.org.uk

Developed in partnership



Covid-19 and Care Homes

British Geriatrics Society [COVID-19: Managing the COVID-19 pandemic in care homes for older people](#) (website)

Guidance to help care home staff and NHS staff who work with them to support residents through the pandemic.

Care Provider Alliance (2020) [COVID-19: Stepping up NHS clinical support to care homes](#) (pdf)

This briefing summarises what support should be available, what care homes can do to make the most of the Enhanced Health in Care Homes initiative, and who to contact.

Care Quality Commission [Innovation and inspiration: examples of how providers are responding to coronavirus \(COVID-19\)](#) (website)

Themed examples of new procedures and ways of working developed by services.

Fallon, A (2020) [COVID-19 in nursing homes](#) *QJM: An International Journal of Medicine*, Volume 113, Issue 6, June 2020, Pages 391–392

Commentary discussing the risks faced by older people in nursing homes and what measures can be taken to support residents and staff.

Gordon, AL et al (2020) [COVID in care homes - challenges and dilemmas in healthcare delivery](#) *Age and Ageing*, afaa113 (open access)

This article provides a commentary on challenges and dilemmas identified in the response to COVID-19 for care homes and their residents.

Health System Response Monitor [What Measures Have Been Taken To Protect Care Homes During The Covid-19 Crisis?](#) (website)

Examination of measures taken by countries to protect care homes using evidence gathered from the COVID-19 Health Systems Response Monitor.

IFIC (2020) [Realising the True Value of Integrated Care: Beyond COVID-19](#) (website)

IFIC report looking at steps to create a radically different future beyond Covid-19, based on solidarity and collaboration for population health.

International Long-term Care Policy Network [Resources to support community and institutional Long-Term Care responses to COVID-19](#) (website)

LTC Covid aims to:

- Document the impact of COVID-19 on people who rely on long-term care (including unpaid care) and those who provide it
 - Share information about policy and practice measures to mitigate the impact of COVID-19 in long-term care and gather evidence about their success or otherwise.
 - Analyse the long-term implications of this pandemic for long-term care policy.
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O'Neill, D et al. (2020) [COVID-19 highlights the need for universal adoption of standards of medical care for physicians in nursing homes in Europe](#) *Eur Geriatr Med.* 2020;1-6 (open access)

Article discussing the failure to include care homes in the systematic planning of a response to COVID, as well as the neglect of standards and quality improvement in the sector.

The Palliative Hub [Project ECHO AllHPC: Webinars for Nursing Homes](#) (website)

AllHPC is collaborating with the Age-related Health Care Department of Tallaght University Hospital to deliver Project ECHO AllHPC webinars for Nursing Homes during COVID-19.

Public Health England (2020) [COVID-19: how to work safely in care homes](#) (website)

Guidance for those working in care homes providing information on how to work safely during this period of sustained transmission of COVID-19.

Scottish Government (2020) [Coronavirus \(COVID-19\): care home oversight](#) (website)

Sets out arrangements care homes should put in place to improve the professional oversight of care provided during the coronavirus pandemic.

Scottish Government (2020) [Coronavirus \(COVID-19\): clinical and practice guidance for adult care homes](#) (website)

National clinical and practice guidance (updated 15 May 2020) to support those working in adult care homes in Scotland during the COVID-19 pandemic.

Suarez-Gonzalez, A (2020) [The impact of COVID-19 in the Long-term care system in Asturias](#) *International Long-Term Care Policy Network, CPEC-LSE, 14 June 2020* (pdf)

This document provides information on policy and practice measures adopted by the Principality of Asturias in response to the COVID-19 pandemic in care homes, listing some of the measures taken to mitigate the COVID-19 outbreak in Asturias. A future version will look at the impact of those measures on people living or working in care homes.

UK Government (2020) [Coronavirus \(COVID-19\): admission and care of people in care homes](#) (website)

Guidance on how to protect care home residents and staff during the coronavirus outbreak.

University of Liverpool (2020) [Responding to COVID-19 in the Liverpool City Region Care Homes and COVID-19: How we can Prepare for Future Outbreaks](#) (pdf)

This policy briefing articulates a number of recommendations which, if implemented, will make the lives of older people living in care homes better and reduce the impact of any future infectious outbreaks.

Care Homes

Alcorn, G et al (2020) [Care home residents who die in hospital: exploring factors, processes and experiences](#) *Age and Ageing, Volume 49, Issue 3, May 2020, Pages 468–480* (paywall)

Study exploring the factors that influence hospital admission of care home residents who then died in hospital.

British Geriatrics Society [End of Life Care in Frailty: Care homes](#) (website)

Guidance to support clinicians and others to consider the needs of frail older people as they move towards the end of their lives and help them to provide high quality care, specifically in care home settings.

British Geriatric Society (2018) [Depression among older people living in care homes](#) (pdf)

Report on a joint project to collate and showcase examples of the best practice that flows from effective interdisciplinary collaboration and practice in treating depression in older people living in care homes.

Department of Health Ireland 15th June 2020
[Summary paper provided to Special Committee on COVID-19 Response](#)

[Nursing Homes - Summary paper](#) a report provided to the Special Committee on COVID-19 Response

The Dunhill Medical Trust [Improving the care of frail older people](#) (website)

The Proactive Health Care of Older People in Care Homes study aimed to help an NHS and care home community to develop a Quality Improvement programme to deliver consistent, high quality and proactive healthcare for residents. It aimed to describe the care delivered, its effects on quality of life and on how often residents used the NHS. It also sought to count the cost of healthcare and weigh it against benefits gained. It also sought to describe how other regions could do similar work within existing resources, to

help the NHS realise the benefits of providing timely and person-centred care for care home residents on a proactive basis.

Gill, M (2020) [Managing patients in care homes](#) *InnovAiT*, 13(2), 102–108 (paywall)

This article describes how to approach the planning and delivery of primary care services to nursing homes, and then consider some of the most common problems and conditions.

Gordon, AL et al (2018) [Optimal healthcare delivery to care homes in the UK: a realist evaluation of what supports effective working to improve healthcare outcomes](#) *Age and Ageing*, Volume 47, Issue 4, July 2018, Pages 595–603 (open access)

Care home residents have high healthcare needs not fully met by prevailing healthcare models. This study explored how healthcare configuration influences resource use.

Gordon, AL et al (2020) [Protocol for a realist review of General Practitioners' Role in Advancing Practice in Care Homes \(GRAPE study\)](#) *BMJ Open* 2020;10:e036221 (open access)

This review describes GPs initiatives to change arrangements of healthcare services in order to improve quality and experience of care.

HSJ (2019) [Support in residential care homes can significantly reduce hospital visits](#) (website)

Article discussing enhanced support for care home residents and outcomes on A&E attendances and emergency admissions.

Lloyd-Sherlock, P et al (2020) [Covid-19 and older adults in low and middle income countries](#)

An emergency strategy for managing covid-19 in care homes in LMICs: The CIAT Framework (Version 1)

NDTi (2020) [Nine ways to connect your care home with the community](#) (pdf)

This guide draws out some of the lessons from the final evaluation of Time to Connect, a project to help people living in care settings play a greater part in the life of their community, and supporting care staff and managers to think and act differently about inclusion in their organisations by using a range of tried and tested tools and approaches.

NHS England [Clinical Input Into Care Homes](#) (pdf) This guide comprises case studies, ideas and practical tips on how to improve the clinical care for people living in care homes for commissioners and providers.

Nuffield Trust (2018) [Transforming health care in nursing homes](#) (pdf)

An evaluation of a dedicated primary care service in outer east London. The study indicates that providing residents of care homes with increased GP access and continuity of primary care more generally may help to reduce hospital admissions.

Royal Pharmaceutical Society (2016) [The Right Medicine: Improving Care in Care Homes](#) (pdf)

This report describes what needs to be done to address the issues of medicines use in care homes.

Enhanced Care

Cook, G et al (2017) [Integrated Working for Enhanced Health Care in English Nursing Homes](#) *Journal of Nursing Scholarship*, 49: 15-23 (open access)

Study exploring the views and experiences of practitioners, social care officers, and carers involved in the enhanced health care in care home programme, in order to develop understanding of the service delivery model and associated workforce needs for the provision of health care to older residents.

Cordis Bright (2018) [What works in delivering effective enhanced primary care support in care homes](#) (pdf)

Outlines 1) the key elements to effective practice in delivering enhanced primary care and support in care homes, based on our review of the evidence 2) key supportive features as well as barriers and limitations to delivering enhanced primary care in care homes 3) case studies on three different models to delivering enhanced primary care in care homes.

Hanratty, B et al (2019) [Innovation to enhance health in care homes and evaluation of tools for measuring outcomes of care: rapid evidence synthesis](#) *Health Serv Deliv Res* 2019;7(27)

This review provides limited evidential support for some of the innovations in the NHS vanguard programme, and identifies key issues and gaps for future research and evaluation.

The Health Foundation (2019) [The impact of providing an enhanced package of care for care home residents in Nottingham City](#) (pdf)

This briefing presents the findings of the evaluation into the effects of providing enhanced support for older people living in residential and nursing care homes in the Nottingham City CCG's area.

The King's Fund (2017) [Enhanced health in care homes: Learning from experiences so far](#) (pdf)

The report will be of interest to people working in care homes, health services, local authorities and clinical commissioning groups (CCGs). Its purpose is to share learning from diverse areas about how staff in these organisations experienced the process of working together more closely. It focuses on what they have actually done to put the high-level aim of closer partnership working into practice.

NHS England (2016) [The framework for enhanced health in care homes](#) (pdf)

The enhanced health in care homes (EHCH) model is based on a suite of evidence-based interventions, which are designed to be delivered within and around a care home in a coordinated manner in order to make the biggest difference to its residents.

NHS England (2017) [Enhanced Health in Care Homes benchmarking, planning and resource guide](#) (pdf)

This guide is intended help clinical commissioning groups and local government commissioners work with care home providers and other local partners to understand how much of the Enhanced Health in Care Homes model has been implemented, and to prompt thinking on next steps.

NHS England (2019) [Quick Guide: allied health professionals enhancing health for people in care homes](#) (pdf)

This guide aims to support local health and social care systems in improving the health of people living in care homes, with practical examples of how the allied health professions can support implementation and roll-out of the framework for enhanced health in care homes.

NHS England (2020) [Enhanced Health in Care Homes Framework](#) (pdf)

This implementation framework builds on experiences of those who have implemented the EHCH model since 2016 and describes best practice in doing so.

Oliver Radford & Claire Bader (24th June 2020)
Department of Health & Social Care
Isle of Man Government

[Care Home Assessment & Rapid Response Team \(CHARRT\)](#)

This presentation describes the Isle of Man's response to supporting Care Homes during COVID-19. Oliver and Claire share the coordinated response, some best practices, lessons learnt and recommendations for future consideration.

Stocker, R et al [Care home services at the vanguard: a qualitative study exploring stakeholder views on the development and evaluation of novel, integrated approaches to enhancing healthcare in care homes](#) *BMJ Open* 2018;8:e017419 (open access)

Study exploring stakeholders' understanding of novel integrated approaches to enhancing care in care homes and identify priorities for evaluation.

Technology

eHealth Ireland [National Virtual Health Team](#) (website)

The National Virtual Health Team are providing Telehealth solutions to aid with the current challenges but also to support a new vector for delivery of care into the future.

NHS England [Quick Guide:Technology In Care Homes](#) (pdf)

This guide highlights case studies from around the country where technology is being used successfully to enhance the delivery of care to support independent living, to enhance the health and wellbeing information exchange between patients and professionals and to enhance the information exchange between professionals.

TEC Scotland [Video Enabled Health and Care](#) (website)

This document describes the vision for how Near Me video consulting will be used in health and care services in Scotland. It is designed to inform plans within local organisations, and is endorsed by the Cabinet Secretary and Scottish Government.

Data and Measurement

Burton, JK et al (2018) [Identifying who lives in a care home - a challenge to be conquered](#) *Age and Ageing, Volume 47, Issue 3, May 2018, Pages 322–323* (open access)

Editorial on accurate care home resident identification, data collection and hospital admission coding.

Burton, JK (2019) [Who lives in Scotland's care homes? Descriptive analysis using routinely collected social care data 2012–16](#) *J R Coll Physicians Edinb 2019; 49: 12–2* (pdf)

This study provides the most comprehensive descriptive data of UK care home residents available.

Hanratty, B et al (2020) [Covid-19 and lack of linked datasets for care homes](#) *BMJ 2020; 369 :m246* (open access)

Editorial on the need for a live, real-time minimum dataset for care homes.

Henderson, D (2019) [Data Resource Profile: the Scottish Social Care Survey \(SCS\) and the Scottish Care Home Census \(SCHC\)](#) *International Journal of Population Data Science (2019) 4:1:24* (pdf)

An introduction to two social care resources that can be linked to health datasets at a population level across Scotland to study these interdependencies.

International Long-term Care Policy Network [The invisibility of the UK care home population - UK care homes and a minimum dataset](#) (website)

Article discussing a UK Care Home Minimum Data Set and how it might have contributed to an intelligence-led, co-ordinated response and could have been a tool for generating evidence and developing best practice.

National Institute for Health Research [Developing research resources and minimum data set for care homes' adoption and use](#) (website)

Study looking to:

- establish what data need to be in place to support research, service development and uptake of innovation in care homes.
 - synthesise existing evidence and data sources with care home generated resident data to deliver an agreed data set that is usable and authoritative for different user groups.
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Other Resources

Care England [Coronavirus \(Covid-19\) website](#)

Care Quality Commission [Coronavirus \(COVID-19\) pandemic: information for providers](#) (website)

Health Service Executive [Virtual health](#) (website)

The National COVID-19 Telehealth Steering Committee has approved the following solutions, made available during the pandemic, to support communication and collaboration across the health service.

Newcastle Dementia Service [Meeting the Needs of People with Dementia Living in Care Homes during Covid-19](#) (video)

Scottish Care (2020) [The 'new care normal'](#) (website)

Article from Donald Macaskill on the social care sector during and after lockdown.

World Health Organisation (2020) [Coronavirus disease \(COVID-19\) technical guidance: Infection prevention and control / WASH \(website\)](#)
