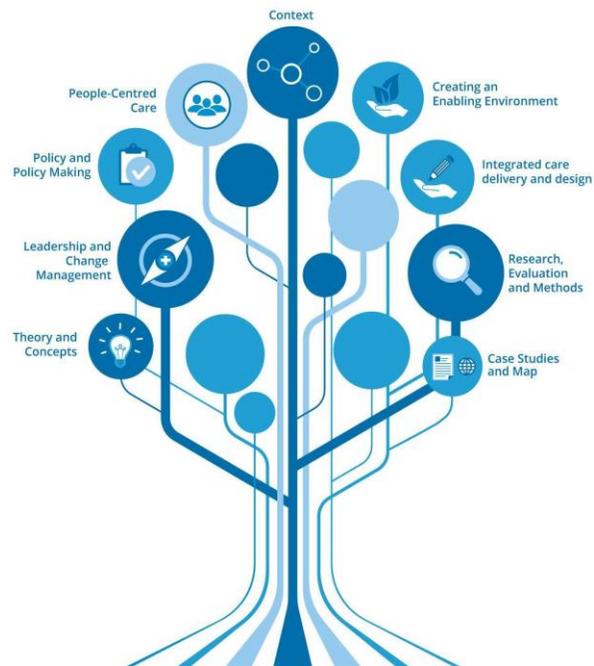# Integrated Care Matters

Age-Friendly, Healthy, Connected Communities

Knowledge Resource

About the information

The information provided in this document is intended to support the Integrated Care Matters webinar series.

Where possible, we select evidence that is published open access, and provide links to the materials referenced. Some are identified as author repository copies, manuscripts, or other copies, which means the author has made a version of the otherwise paywalled publication available to the public. Other referenced sources are pdfs and websites that are available publicly.

If you found this resource useful and would like to use the free Evidence Search and Summary Service (ESSS) to help you find and use evidence please get in touch to discuss your needs: esss@iriss.org.uk

Developed in partnership

Age-Friendly Programmes

[Age Friendly Ireland (n.d)](#)

- This is a website which provides information for Ireland's Age Friendly programme which supports cities, counties and towns across Ireland to prepare for the rapid ageing of our population by paying increased attention to the environmental, economic and social factors that influence the health and well-being of older adults.

[Age Friendly World (n.d.)](#)

- This is a website which provides support to a global community that works together towards this vision of an age-friendly world. Age-friendly World creates a place for people and organizations all over the world to share what they know and learn from others.

[Greater Manchester Combined Authority (2019) Ageing Hub Digest](#)

- This is a document which describes the Manchester Age Friendly Strategy across key areas of activity - economy and work, housing and planning, transport, culture, age friendly places and healthy ageing.

[Greater Manchester Combined Authority (2019) The story so far](#)

- This is a web page which details the Greater Manchester Combined Authority's progress over time towards an age friendly area. It includes a range of resources.

[Greater Manchester Combined Authority (2019) Ageing](#)

- This webpage summarises Greater Manchester's strategy for an age-friendly city.

Covid-19 response/campaigns

[Centre for Aging Better (2020) Valuable not vulnerable – how Greater Manchester is changing the narrative on ageing](#)

- This is a web page which details the Valuable not Vulnerable communications campaign which highlights positive stories and realistic depictions of older adults responding to the challenges of COVID-19 – whether that's working on the frontline in paid employment, being active in the community, or caring for family and neighbours.

[Greater Manchester Combined Authority (n.d) Creative care kits for older people](#)

- This is a web page which describes the Creative Care Kit developed by Greater Manchester. The Kit contains a range of activities that can be completed at home using materials that are provided in a box, including an activity book, art supplies and a seed bomb.

[Greater Manchester Combined Authority (n.d.) 'Keeping Well This Winter'](#)

- This is a web page which gives information about the Keeping Well this Winter campaign to support older people who are not online with practical information to keep well this winter.

[The University of Manchester (2020) Wellbeing booklet with support and advice for older people isolating at home](#)

- This is a web page which discusses the success and challenges of the 'Keeping Well at Home' booklet.

Dementia - learning and training

[AGE Inc.(n.d.) About GPA (Gentle Persuasive Approaches)](#)

- GPA Basics is an innovative dementia care education curriculum based on a person-centred care approach.

[BC Patient Safety & Quality Council (n.d.) Clear](#)

- This web page describes Clear, a clinical quality improvement initiative guided on using antipsychotic medications to treat BPSD in cases where nonpharmacologic measures have failed, and where the symptoms either cause significant suffering, distress and/or pose an imminent threat to the patient or others.

[Canadian Foundation Health Care Improvement (CFHI) (2020) – Appropriate Use of Antipsychotics](#)

- This is a resource which details the Appropriate Use of Antipsychotics (AUA), which is a person-centred approach to care that engages people living with dementia, their families and care partners, and long-term care staff to understand the causes of behaviours and underlying issues (such as pain), and respond to an individual's unmet needs based on his/her personal history.

[Canadian Institution for Health Information (CIHI) 2020 – Potentially Inappropriate Use of Antipsychotics in Long-Term Care details for Fraser Health](#)

- This webpage describes how many long-term care residents are taking antipsychotic drugs without a diagnosis of psychosis in Newfoundland and Labrador, Ontario, Alberta, British Columbia and Yukon, and partial coverage in Nova Scotia and Manitoba.

[DementiAbility](#)

- DementiAbility is an initiative which aims to challenge perceptions of dementia by helping professionals and family care partners to understand the connections between the brain, a person's life story, the environment and behaviour.

[PIECES Learning & Development Model (n.d)](#)

- P.I.E.C.E.S.™ is a holistic, person and care partner-directed model which enhances capacity at the individual, team, organization and system levels to support the care of the older individual living with complex chronic disease.

Dementia Friendly Communities

Age UK: Dementia Inclusive Communities

- This resource investigates the links and potential differences between age and dementia friendly communities. They evaluated the policies of local councils and spoke to older people's groups across Scotland.

Age Scotland (n.d)

- This is a web page which describes Age Scotland's Dementia Inclusive Communities initiative.

Alzheimer Europe (2019) Dementia-friendly communities/ Dementia Friends

- This resource describes actions and commitments proposed within strategies which relate to the creation of "dementia-friendly communities", "Dementia Friends" programmes or other community-based actions which aimed to allow people with dementia to stay in their communities for longer.

Alzheimer's Society (n.d.) Dementia-friendly communities

- This details Alzheimer Scotland's dementia-friendly programme.

Buckner S, Darlington N, Woodward M et al. (2019) Dementia Friendly Communities in England: A scoping study. Int J Geriatr Psychiatry; 34: 1235– 1243.

- This study describes the characteristics of Dementia Friendly Communities (DFCs) across England in order to inform a national evaluation of their impact on the lives of those affected by dementia.

Dementia Friends (n.d.) List of Dementia Friendly Communities

Dementia Friendly Church (n. d.) Dementia Friendly Church Resource Guide

- This publication looks at what dementia is, how to communicate with those who develop dementia, what a dementia friendly church is, how to become a dementia friendly church, spiritual support for those who are living with dementia, dementia friendly church buildings and what can help including signage, inclusion in services and groups and how to put together a specific dementia friendly service.

Life Changes Trust (2019) Dementia Friendly Communities: Toolkit

- The Life Changes Trust has funded many dementia friendly communities across Scotland. They have used this learning

to design a toolkit to make more communities dementia friendly.

Tools and community based resources

[AFLE (Age Friendly Living Ecosystem) (n.d.) The intergen survey](#)

[Eat Well Age Welll (n.d.) More than Meals](#)

- This report highlights the impact of seventeen projects from across the length and breadth of Scotland which test out new ideas to help prevent, detect and/or treat malnutrition in older people aged 65 years and over.

[Fraser Health (n.d.) Wait times for long term care homes and behavioral support community neighbourhoods in Fraser Health](#)

- This is a map tool which provides information about waiting times for long term care homes in the Vancouver area in Canada.

[Hospital Italiano Buenos Argentina (n.d.) Health and Social Care Integration](#)

- This is the homepage for a Health and Social Care Integration Project in a hospital in Buenos Aires, Argentina.

[Hospital Italiano Buenos Argentina (n.d.) Health and Social Care Integration, MeHaceBien - Mi Barrio](#)

- This is a resource which describes the project MeHaceBien, which is an initiative to highlight the link between lived environments like neighborhoods and wellbeing.

[Hospital Italiano Buenos Argentina (n.d.) Health Assets Toolkit manual](#)

- This is a guide for using the interactive map for MeHaceBien.

[Howe S (2020) Fermanagh and Omagh Positive Ageing Month Goes Virtual, European Commission Blog](#)

- This describes the activities of The Western Health & Social Care Trust in partnership with Fermanagh & Omagh District Council, Public Health Agency, South West Age Partnership and Community & Voluntary groups during the third annual Positive Ageing Month programme in October 2020.

[MeHaceBien Bario (n.d.) Health assets map](#)

- This is the map for MeHaceBien, a community wellbeing initiative which highlights the links between wellbeing and neighbourhoods.

[Place EE (n.d.) PLACE-EE Project Outputs](#)

- This resource details the outputs of the Place EE project.

[Playlist for Life (n.d) Young Music Detectives](#)

- This is a workbook which aims to foster intergenerational connections between young children and older adults through music.

[Sao Paolo State Government (2020) Amigo do Idoso](#)

- This is an announcement for Sao Paulo's launch of action to support digital inclusion of the low-income population over 50 years

[Sao Paolo State Government (n.d) Elderly-Friendly Hospital programme](#)

- State Councillor for the Elderly, Henrique Rubens Jerozolimski, and the head of the Elderly-Friendly Hospital programme, Claudia Fló, visited the Institute of Medical Assistance to the State Civil Service (Iamspe).

[The Health and Social Care Alliance Scotland (the ALLIANCE) (2016) ALISS A Local Information System for Scotland 2013 - 2016](#)

- This report considers the development of ALISS between April 2013 and January 2016 as 'A Local Information System for Scotland'.

[The Health and Social Care Alliance Scotland (the ALLIANCE) (2013) ALISS Access to Local Information to Support Self Management 2009-2013](#)

- This Report describes development of the original Access to Local Information to Support Self Management system. ALISS was designed to support self management through linking ideas about health literacy, social innovation, innovative technology and individual and community connectedness.

Other resources:

[Age Platform Europe Monthly Newsletter (2021)](#)

- This is a list of updates from AGE Platform Europe.

[Bocioaga, A (2020) ESSS Outline: Impact of Intergenerational Activities on Older People. Iriss.](#)

- This is a review of intergenerational activities and their impact on older adults.

[Dixon, A (2021) The United Nations Decade of Healthy Ageing requires concerted global action. Nat Aging 1, 2.](#)

- This is an article urging national and local governments, businesses and community organizations to rise to the challenge of the age shift as part of the UN Decade of Healthy Ageing

[General Practice Services Committee (GPSC) (2019) Residential Care Initiative renamed as Long-term Care Initiative](#)

- This is an update from GPSC on the renaming of residential care initiatives to long-term care initiatives.

[Iriss FM (2019) Generations Working Together](#)

- This is a recorded conversation with Kate Samuels from Generations Working Together about the work it does to promote and support intergenerational practice.

[Scottish Older People's Assembly (Youtube)](#)

[WHO (2020) Decade of healthy ageing: baseline report](#)

The Baseline Report for the Decade of Healthy Ageing 2021−2030 addresses five issues:

- Introduces Healthy Ageing, the Decade's actions and enablers, and a pathway to accelerate impact by 2030.

- Where are we in 2020? The report provides a first-time baseline for healthy ageing worldwide.

- What improvements could we expect by 2030? It documents progress and scenarios for improvement.

- How can we accelerate impact on the lives of older people? It shows how older people and stakeholders can together optimize functional ability.

- The next steps include opportunities to boost collaboration and impact by 2023, the next reporting period.