



IFIC Scotland Webinar Series 5:

Flash Report

'Reimagining Rehabilitation and Recovery'

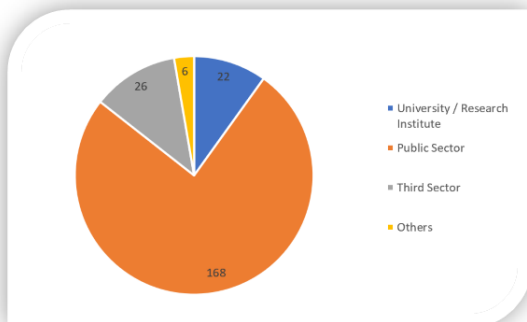
Background

Realising the true value of integrated care describes the steps we must take to create a radically different future beyond Covid-19. The report is a powerful call to reset our compass to a new reality based on solidarity and collaboration for population health. IFIC Scotland and partners will explore this new future in series 5 of their Integrated Care Matters webinars. Guest panelists, members of IFICs international Special Interest Groups, will share their experiences and insights and challenge us to design a better future that improves lives and opportunities for all.

Realising the true value of integrated care:
Beyond COVID-19

A total of 222 registered for the webinar from various sectors covering 20 countries around the globe:

Participants



Countries



Panelists

Reimagining Rehabilitation and Recovery: Panelists

 Dr Emma Miller Senior Research Associate Personal Outcomes Network Scotland	 Dr Michelle Nelson Scientist, Sinai Health System Toronto, Canada	 Dr Janet Bettger Duke University, USA	 Prof Marco Inzitari Director of Healthcare Research and Teaching, PSPV Barcelona, Spain
 Prof Dawn Skelton Glasgow Caledonian University, Glasgow	 Prof Aine Carroll University College Dublin, Director IFIC Ireland	 Michelle Breed Head of Therapies and Podiatry Isle of Man	 Morag Hearty National TEC Programme Scotland

Ask about 'what matters to you' and 'what's happened to you'

The biopsychosocial approach has been around for 40 years – why is it so hard to let go of the medical model?

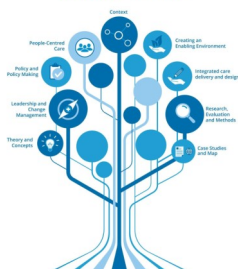
Messages

- ⇒ Make Movement your Mission – plan your daily 'movement snacks'
- ⇒ We need to improve health literacy and physical (activity) literacy
- ⇒ TEC gadget bars in libraries and coffee shops please so people can have a go in a safe place
- ⇒ Designing our rehab into the community from the community with 'in reach pull' and 'home first'
- ⇒ Learn to let go at the right time to neighbourhood care and support for well-being

Volunteers are a 'must have' - not a nice to have - Think Voluncaring!

It's all about outcomes

Integrated Care Matters: Build Back Better Reimagining Rehabilitation and Recovery Knowledge Resource



You will find the webinar recording, knowledge resource document and slides

[here](#)

Our next Webinar

Wed, 14th Oct

4pm to 5.30
(BST)

Hospice Influenced Care in Community Settings - Register in advance: [here](#)



IFICScotland@integratedcarefoundation.org



<https://integratedcarefoundation.org/ific-scotland-3>



– @IFICInfo #IFICScotland #ICMatters #BuildBackBetter