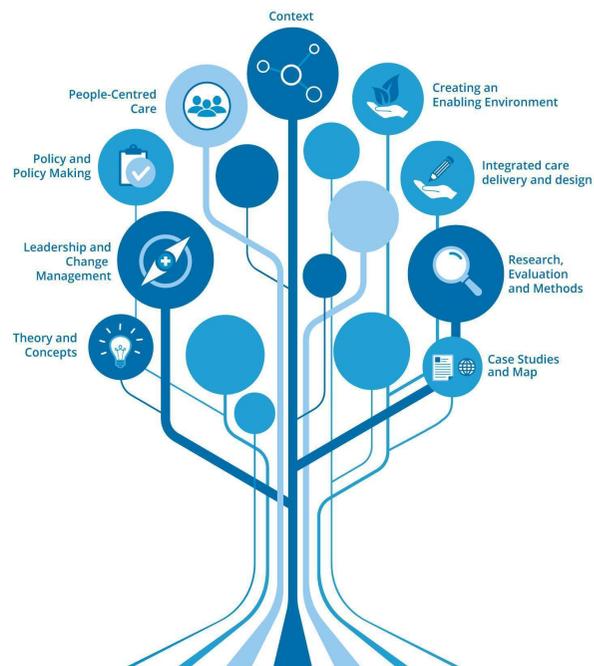


Integrated Care Matters

Social leadership, collective action and kindness

Knowledge Resource



About the information

The information provided in this document is intended to support the Integrated Care Matters webinar series.

Where possible, we select evidence that is published open access, and provided links to the materials referenced. Some are identified as author repository copies, manuscripts, or other copies, which means the author has made a version of the otherwise paywalled publication available to the public. Other referenced sources are pdfs and websites that are available publicly.

If you found this resource useful and would like to use the free [Evidence Search and Summary Service \(ESSS\)](#) to help you find and use evidence please get in touch to discuss your needs: esss@iriss.org.uk

Developed in partnership



[Adams, Athanasopoulos et al \(2018\) The Effect of Volunteering on Health & Wellbeing, University of Stirling/ Volunteer Scotland](#)

This report details the results of an investigation into the relationship between volunteering, health and wellbeing on behalf of Volunteer Scotland.

[Asume \(n.d\) Volunteering in Dementia \[online\] \[Accessed 19 April 2021\]](#)

This website presents the findings from a project exploring the role of volunteers in dementia care.

[Befriending Networks \(2020\) A Listening Ear In Wigtownshire](#)

Listening Ear provides a voluntary telephone support service to those who feel isolated during COVID-19.

[Befriending Networks](#)

Befriending Networks support, train and guide hundreds of befriending projects across the UK and beyond and raise awareness about the ways befriending reduces social isolation and loneliness by improving wellbeing.

[Volunteer Scotland \(n.d\) Help Make a Difference through Volunteering \[online\] \[Accessed 19 April 2021\].](#)

This is the homepage of Volunteer Scotland, the national volunteering centre in Scotland.

[Volunteer Scotland \(n.d\) Economic Value of Volunteering \[online\]](#)

This resource highlights the results of the 2018 Scottish Household Survey which calculate volunteering effort in Scotland.

[Volunteer Scotland \(2015\) Volunteering on Prescription](#)

This is a report on social prescribing and volunteering in Scotland.

[Volunteer Scotland \(n.d\) The Contribution of Volunteering to Scotland's Health & Wellbeing](#)

This is a resource which reviews the evidence on how volunteering contributes to Scotland's Health and Wellbeing.

[Volunteer Scotland \(n.d.\) Toolkits and Resources](#)

A selection of useful research and evaluation toolkits and resources.

[Volunteer Scotland \(n.d.\) Covid-19 Research](#)

This is resources which analyses evidence on informal volunteering, mutual aid and formal volunteering since mid-March 2020 – see their mapping of research and media coverage, and own research.

Compassionate communities

[Atlas of Care \(n.d.\)](#)

Their mission is to transform how we care for ourselves and our communities through agile solutions, rich collaborations, and innovative research. We work with a variety of communities to deliver practical, evidence-based tools and educational experiences to increase people’s empathy, sense of interrelatedness, and ability to care for each other.

[Compassionate Communities - Public Health Palliative Care \(n.d.\)](#)

Compassionate Communities Network aims to promote and integrate social approaches to dying, death and bereavement in the everyday life of individuals and communities.

[Compassionate Communities Hub \(n.d\)](#)

Compassionate Communities (ComCom) is a global movement for whole community engagement, a way to shift the dialogue and encourage communities to reconsider how care is provided to people who are dying.

[Compassionate Communities - Resources and research \(n.d.\)](#)

This resource has a range of resources on palliative care.

[Dying to Know Day, Groundswell Project \(n.d.\)](#)

Dying to Know Day (August 8th) is about changing the conversation around death and dying in Australia, taking it out of the shadows and into the light.

[Groundswell Project \(n.d.\)](#)

Groundswell Project FINDS community organisations, connects people, and amplifies positive voices to help unite and build stronger communities.

[The Groundswell Project, Compassionate Communities \(n.d.\)](#)

This page signposts to the learnings from the National Compassionate Communities Forum which have been captured in a research report and also collated into a community development toolkit.

[NOUS \(2018\) Compassionate communities: An implementation guide for community approaches to end-of-life care](#)

This implementation guide is an information resource on how to start, grow and sustain compassionate communities approaches. It draws from literature and best practice on compassionate communities and public health approaches to palliative care, end-of-life care and bereavement.

[Pallium Canada \(n.d\)](#)

This is a national, non-profit organization focused on building professional and community capacity to help improve the quality and accessibility of palliative care in Canada.

[Vimeo. 2021. GroundSwell Project Recording.mp4. \[online\]](#)

This is an interview with Dr Steven Ginsborg and a presentation by Jessie Williams.

You will find more information on our Compassionate Communities Active Learning Programme [here](#).