



ALLIANCE

HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre

“Our vision is for a Scotland where people who are disabled or living with long term conditions and unpaid carers have a strong voice and enjoy their right to live well.”

Libraries supporting health and wellbeing

- Free for all to use
- Trusted resource in the community
- Access to information, support and services
- Digital skills



Health on the Shelf

Health on the Shelf, Scottish Libraries and Information Council (SLIC), 2020:

- Population scale response to population scale public health issues
- Libraries contributing to improving public's health and wellbeing through a range of formats
- Opportunity to improve the promotion of the health and wellbeing offer from public libraries

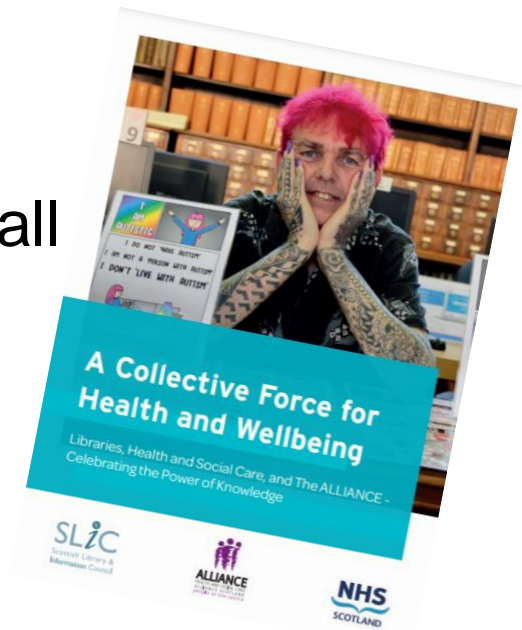


A Collective Force for Health and Wellbeing

SLiC, Scottish Government and the ALLIANCE

Collaborative strategic action plan (first of it's kind!)

National commitment for collaboration across all sectors – health and social care, third sector, libraries – to improve Scotland's health and wellbeing



‘Reaching More People With Information for Wellbeing’

Health Literacy needs identified as:

- Typical support networks limited or unavailable due to COVID-19
- Overwhelming amount of health information
- Digital access
- Preference for digital/face to face support
- Looking for activities to support wellbeing

Diverse and evolving needs



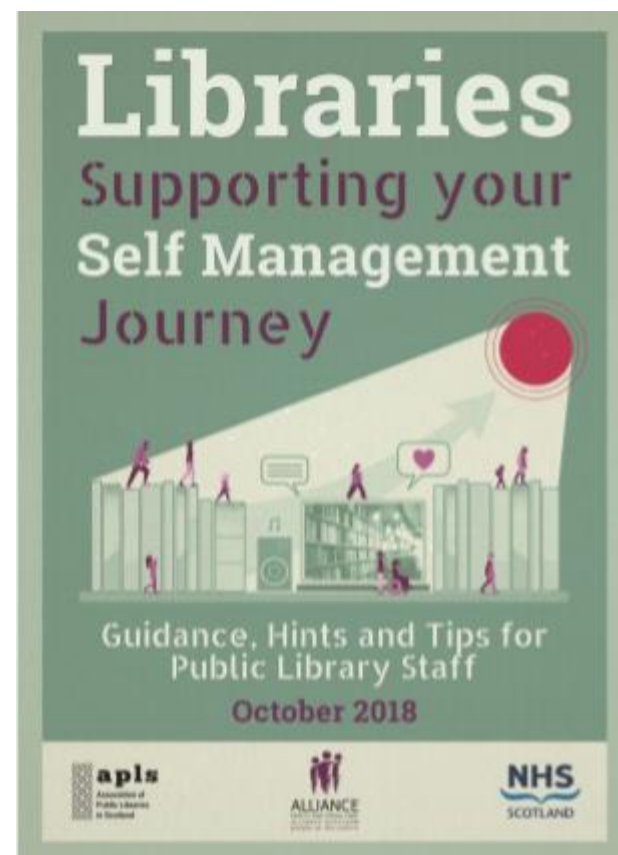
Project aims



Libraries Supporting Your Self Management Journey

Training resource for library staff to build confidence and capacity in supporting people's health and wellbeing

Working within structures and current landscape to support staff – not about staff doing something 'additional'



Thank You

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