



**Circle of Care**  
Sinai Health



# Community Hospice

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# Introduction

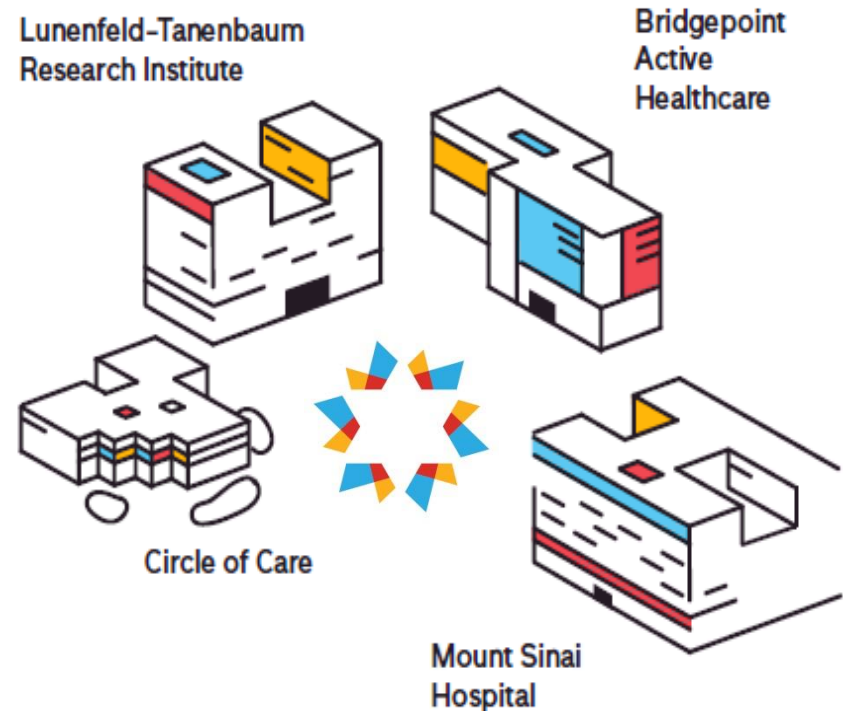
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- Circle of Care Programs & Services
- Volunteers
- Community Visiting Hospice Program
- Partnerships

# Circle of Care as Part of Sinai Health

Canada's leading **integrated health system**, pushing the boundaries to realize the best health and care from **healthy beginnings** to **healthy aging** for people with specialized and complex care needs and those who love them.

Our hope is to see significant improvements in health and reductions in health inequities in the populations we serve.



# Community Services Offered at Circle of Care



**MEALS ON WHEELS**



**HOME SUPPORT SERVICES**



**IRIDE TRANSPORTATION**



**HOLOCAUST SURVIVOR SERVICES**



**HOSPICE PROGRAM**



**FAMILY CAREGIVER CONNECTIONS**



**ADULT DAY PROGRAM FOR SENIORS WITH DEMENTIA**



**EXERCISE & FALLS PREVENTION CLASSES**



**PHYSIOTHERAPY**



**VOLUNTEER RESOURCES**

# Visiting Hospice Programs at Circle of Care



# Volunteers



- Adhere to best practices in volunteer management by following standards set out the Canadian Code for Volunteer Involvement\*
- By following the standards we are ensuring a high quality volunteer engagement program that meets the needs of the agency, the clients and the volunteers
- Our hospice program is also accredited through Hospice Palliative care Ontario (HPCO)
- Part of the volunteer hospice training includes a 30 hour Core Concepts training program that was developed by HPCO and mandatory for all volunteers\*\*

\*<https://volunteer.ca/ccvi>

\*\*<https://www.hpcoco.ca/volunteertraining/>

# Community Hospice Program

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- **Visiting Volunteers**
  - Companionship and Caregiver relief, Medical escorts, Legacy work
- **Complementary Volunteers**
  - Reiki, Pet Therapy, Access Bars, Reiki Blankets
- **Bereavement Volunteers**
  - Additional 6 hours of specialized bereavement training
- **Bereavement Support Groups**
  - 8 week groups, Loss of spouse, parent, adult children-
- **Monthly Caring Café**
- **Caring Series Booklet**
- **Sympathy Cards and follow up calls**
- **Death Café**
- Special pre holiday session prior to the three major Jewish holidays for the Holocaust Survivor Community



# Volunteer Support

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- 4 Care and Shares a year and a one day educational event
- Peer Support
- Monthly check ins by staff
- Monthly Newsletter





# Hospice Case Manager

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- Co-facilitates bereavement groups with a trained volunteer
- Provides support and counselling to hospice and bereavement clients
- Support for Advance Care Planning
- Attends monthly Rounds and morning huddles with the Palliative Care Team
- Trains & supports volunteers in grief and bereavement
- Monthly volunteer check ins
- Community Outreach, keynote speaker
- Consultations with LHIN Care Coordinators

# Partnerships

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## Developing Partnerships

- Bridgepoint Active Health, Palliative Care Unit
- Local hospitals
- Religious Institutions
- Other Community Hospice Programs
- HPCO
- Monthly Rounds and daily huddles include; Palliative Care doctors, social workers, case managers, care coordinators, spiritual leaders, nurses
- Local Funeral Homes



# Questions or Comments

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## **Lisa Rae**

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