



# Technology Enabled Care (TEC) : Digital Rehabilitation and Recovery

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TEC Remote Monitoring



# SCOTLAND'S DIGITAL HEALTH & CARE STRATEGY

ENABLING, CONNECTING & EMPOWERING



'Digital technology  
has the potential to  
change the face of health  
and social care delivery.'

- Scottish Parliament Health and Sport Committee report on  
technology and innovation in health and social care

## Two-fold focus:

*TO empower citizens to better  
manage their health and  
wellbeing, support independent  
living and gain access to services  
through digital means.*

*TO put in place the underpinning  
architectural and information  
governance building blocks for  
the effective flow of information  
across the whole care system*



# Key principles



**Keep it simple**

**Guided by National AND Local priorities**

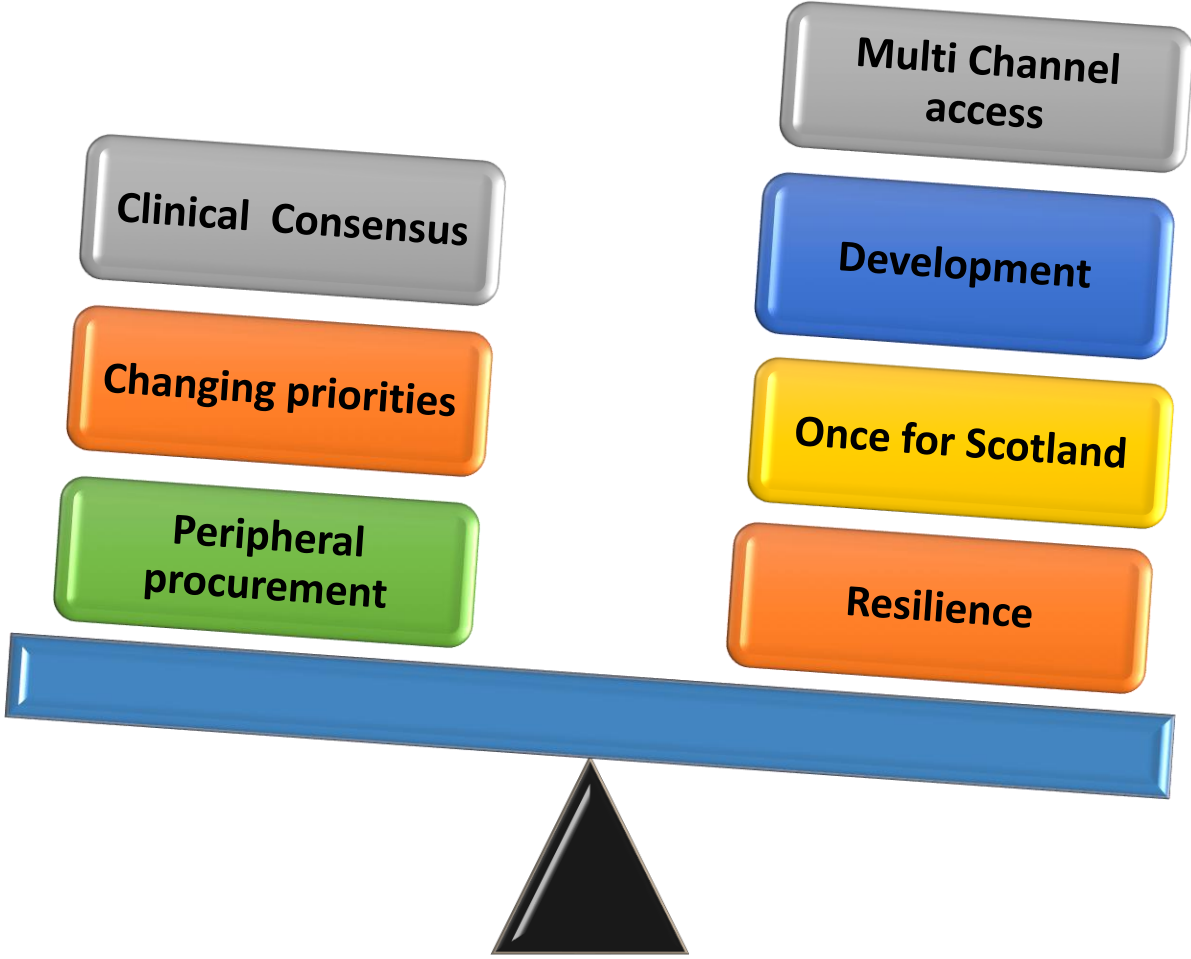
**Problem first – technology second**

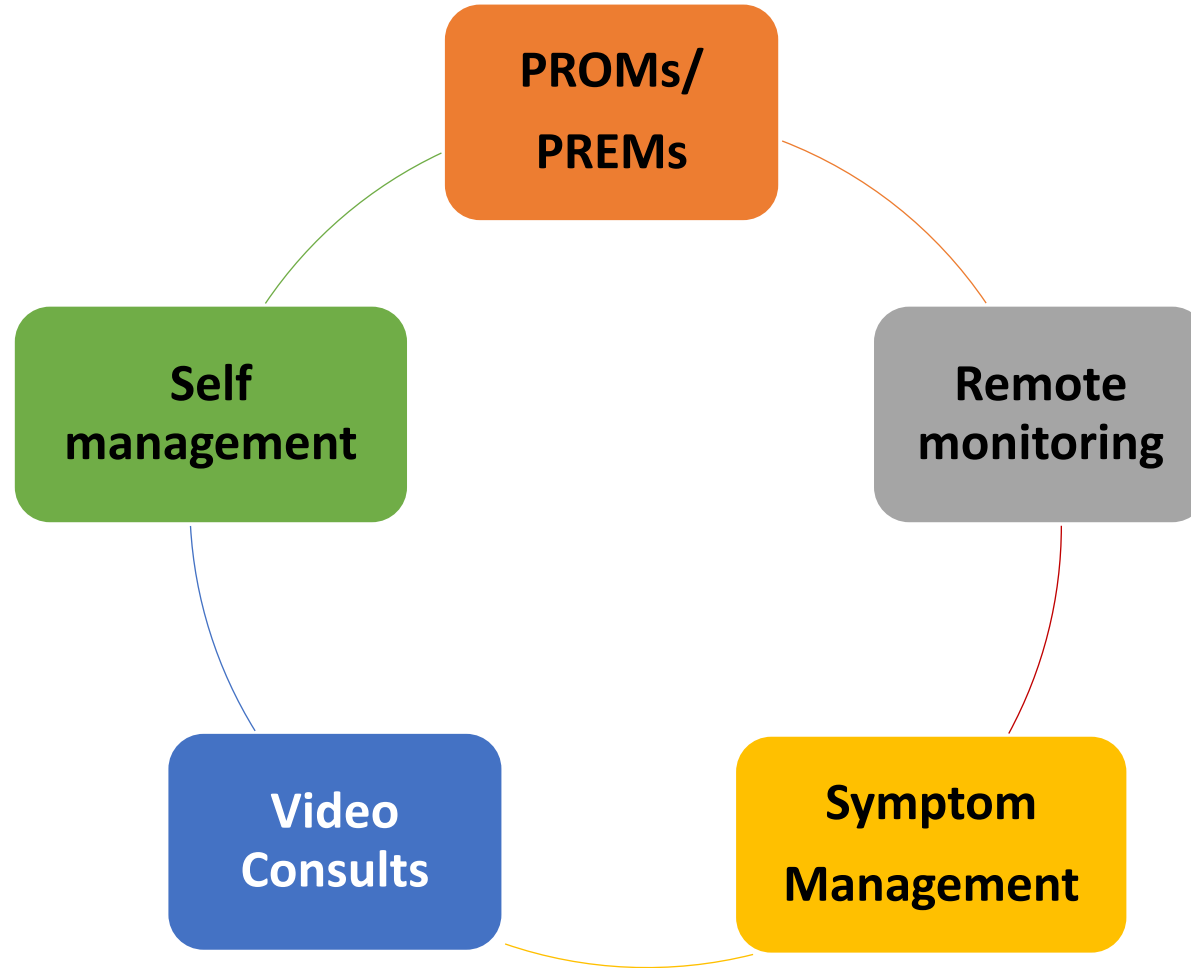
**Collaboration, co-design, shared learning**

**Focus on COVID-19 response & recovery**

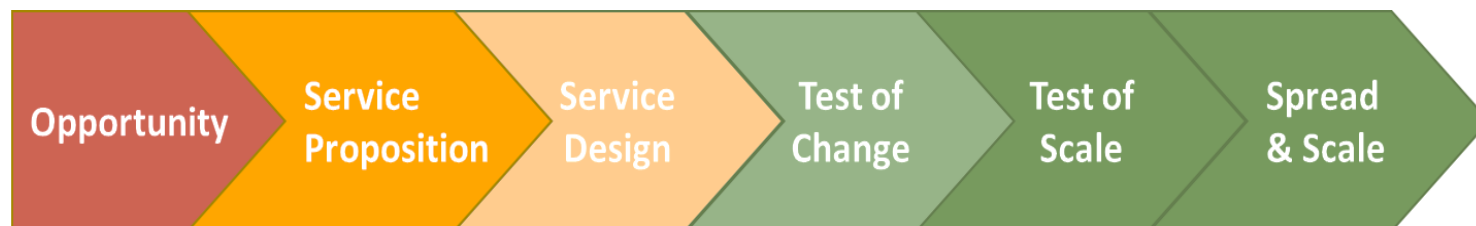
# Challenges

# Opportunities

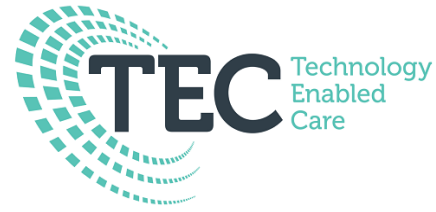




**Remote  
Health  
Pathways**



# Why use



- ✓ Improved patient experience of service
- ✓ Reduced travel and costs
- ✓ Provide more convenient access to services
- ✓ Raised awareness / Optimised management of condition
- ✓ **Reduced exposure to infection**

