



## Compassionate Communities Active Learning Programme 2020

Session Thursday 21<sup>st</sup> January 2021

### Re-imagining communities and creating virtual connections in response to physical distancing

The session explored various digital initiatives and tools, their adaptations and application to support social connectedness through virtual connections in response to physical distancing across and in communities.

**Chris Mackie, ALISS Programme Manager, the ALLIANCE**, shared ALISS and wider Discover Digital work. ALISS: A Local Information System for Scotland gathers information on community assets & grassroots, local information and also pulls information held by NHS Inform platform. ALISS's focus is health and wellbeing in the broadest sense.



**It's not just a directory. ALISS is by the people for the people**



Access to digital tools should be recognised as a human right



**Nessa Barry, Knowledge Exchange Manager, International Engagement Team, Technology Enabled Care and Digital Healthcare Innovation**, shared the national digital strategy context and the Technology Enable Care (TEC) Priorities for Scotland, which are supporting the delivery of digitally enabled services to citizens where they live or, in their communities. Supporting self-management and independence and access to services and care. As we progress the Digital Health and Care Strategy and wider Digital Strategy, which focuses on infrastructure, are aligning further around health and care issues, implementation and tools.

**The session explored 'How can digital tools help people in communities of place or communities of interest?'**

Flanders in Belgium have included goal orientated care and life goals in their digital strategy – similar ethos to What Matters to You?

#### Virtual health and care communities: drivers and benefits

- ◆ Connectedness to services, support networks, making it possible for families to connect
- ◆ Improving quality for staff and citizens
- ◆ Improving equity of access
- ◆ Geography and interest groups
- ◆ Reducing barriers e.g., cost, travel, language and shared experience
- ◆ Making best use of resource scarcity
- ◆ Making high quality services accessible
- ◆ Finding what you need when you need it
- ◆ Social change & citizen expectations— health and care becoming more accessible

## Session Reflections

The group were asked to share three words reflecting their thoughts around 'how we empower ordinary people to be that person to use digital resources:

- ⇒ Friendship, courage, creativity
- ⇒ Knowledge is power
- ⇒ Confidence, up-skilling and on-going support/learning
- ⇒ Local community champions
- ⇒ Demonstrate, publicise and disseminate – I am motivated to share ALISS
- ⇒ Create friendships, motivation and enjoyment
- ⇒ Thinking of older people – encouraging people to try something new - be open – encouragement
- ⇒ Demystify, raise awareness and practice with fun

What does your community want to do?  
There are more digital options than before – start small with one type of tech and clear purpose

### Digital Challenges:

- ⇒ So many people are excluded
- ⇒ Awareness of the various apps created for different groups
- ⇒ Digital as a human right
- ⇒ Broadband/4G/5G coverage
- ⇒ Access to the internet within care homes and hospitals
- ⇒ People's desire/ability to use tech – training needs
- ⇒ Access to devices
- ⇒ Privacy and security
- ⇒ Ability of third sector to respond to digital advances (?)
- ⇒ Integrating services and access to digital platforms



A series of [short films](#) that showcase the benefits of **digital** technology in **health and care** through **real stories**, as told by **real people**.



Covid-19 has highlighted that digital poverty is huge & has been highlighted more in the second lockdown. The number of people without devices or internet is huge

Access January 2021 recording, presentations and resources [here](#).



## Useful resources and links

- ⇒ [www.tec.scot](http://www.tec.scot)
- ⇒ [Scottish Care Tech Charter https://scottishcare.org/wp-content/uploads/2019/10/Tech-charter.pdf](https://scottishcare.org/wp-content/uploads/2019/10/Tech-charter.pdf)
- ⇒ vCreate video <https://youtu.be/Mtsrcl9s5I0>
- ⇒ Technology and Social Connectedness Guidance <https://tec.scot/2020/05/26/technology-social-connectedness/>
- ⇒ <https://www.youtube.com/watch?v=Z8TV2z0gSX0>
- ⇒ Young Scot TEC Panel Report [https://tec.scot/wp-content/uploads/2020/12/YS\\_TEC\\_Phase2\\_Report\\_Interactive\\_2020.pdf](https://tec.scot/wp-content/uploads/2020/12/YS_TEC_Phase2_Report_Interactive_2020.pdf)
- ⇒ Alzheimer Scotland Virtual Resource Centres <https://vimeo.com/>
- ⇒ Near Me Information for Patients [www.nearme.scot](http://www.nearme.scot)
- ⇒ [Digital Inclusion in Health and Care: Lessons Learned from the NHS Widening Digital Participation Programme \(2017-2020\)](#)
- ⇒ Age UK – Digital Inclusion and COVID-19 <https://youtu.be/5rBiFAAKtUg>
- ⇒ ALISS – A Local Information System for Scotland - [www.aliss.org](http://www.aliss.org)
- ⇒ Discover Digital - <https://www.alliance-scotland.org.uk/digital/discover-digital/>
- ⇒ Edinburgh Mad Jam Open Mic - <https://www.facebook.com/Mad-Jammers-Open-Mic-edinburgh-812718862190851/>

