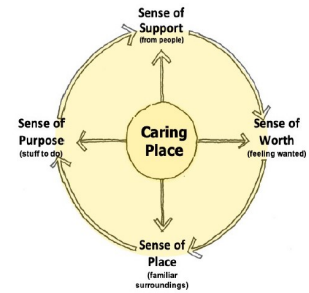


Integrated Care Matters Webinar Series 6

Healthy Communities, Places and Spaces

Wednesday, 15th December 2021

Steven Malone, Principal Architect, Architecture Design Scotland, outlined the 10 principles of a Caring Place for Town Centre Living: [report](#). This work builds on the [Place Principle](#) and learning about [20 minute neighbourhoods](#). He illustrated how places and spaces impact on opportunities to live well in later life. *Placemaking: connecting people, place and care to help us redesign or think differently about services and spaces in a place.*



Putting Social Needs on a par with Medical Needs	Address needs holistically
Integrated, valued & safe partnerships	Support people to take greater control of their own health

Sarah McLaughlin, Team Leader and ElleNixon, Project Officer, **IMPACTAgewell**[®] shared the Asset Based Community Development approach by Mid & East Antrim Agewell Partnership (MEAAP). The programme now has 18 community Hubs and has received over 1800 referrals. The evaluation reports impressive ROI! www.meap.co.uk Twitter: @meeapni

Ralph Broad, Director Inclusive Neighbourhoods Ltd, described the whole person, whole community approach of Local Area Co-ordination. Local Area Coordinators use a strength based approach to increase the capacity and resilience of individuals, families, communities and service systems, and decrease demand for and reliance on formal services and funding, wherever possible. Ralph shared [Anne's Story](#) <http://inclusiveneighbourhoods.co.uk/> Twitter: @RalphBroad



Irene Beautyman, Improvement Service and Public Health Scotland, outlined the [Shaping Places for Wellbeing Programme](#).

Matthew Linning, Volunteer Scotland reflected on the benefits of volunteering for more inclusive and engaged communities and the positive relationship between volunteering and health and wellbeing.

Catriona Mason, Chairperson, Seniors Together in South Lanarkshire, spoke of the benefits for individuals, family and community of practical actions to improve accessibility, connectivity and transport. *Lack of public toilets is a huge problem – handrails for inclines make a big difference.*

98 registered for the webinar from various sectors from 19 countries around the globe



Take Home Messages

Think big, start small,
get it right - GROW

There has to be
partnership for it all to
work

- ⇒ We need to use places to prevent people from becoming ill in the first place
- ⇒ At 72 I am the person living this life, for me it would be the place where I want to live healthy and happily for however much longer, I have in my life
- ⇒ It's simple, the goal for me would be a society where we feel that we belong to the communities we live in
- ⇒ It's that sense of belonging and feeling that we really relate to the people beside us
- ⇒ It's about understanding the needs of a place and making sure things are in place looking forward putting things in the right place and that we are making best use of the existing asset that we have already got
- ⇒ It's about listening to what people need and allowing them to be valued and also partnership, people have to contribute
- ⇒ Very interesting resources for our local authority to consider with their new age friendly objectives

Communication: stop ignoring
barriers the environment create

Encourage agencies to work better
together to make things happen!



You will find the webinar recording, presentation slides and topic resource [here](#)

[Register](#) for our next webinar:
Proactive, Integrated and Personal: Anticipatory Care in Action
Wednesday, 9th February, 2022 @ 4.00 pm (GMT)



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<https://integratedcarefoundation.org/ific-scotland-3>



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