

Take Home Messages

Keep Calm, this is a long run!

The real outcome is more days spent at home – and living a good life!

- ⇒ *Learning is experience, everything else is just information – it's a journey*
- ⇒ *The right team culture, trust and respect are essential*
- ⇒ *Trust needs time and space for relationship building, narrowing the gap between disciplines and sectors and getting to understand and know each other's context better*
- ⇒ *A workforce that changes every 3 months or lacks base funding is no use – we need continuity to build relationship and trust*
- ⇒ *Education and development of the workforce is key to build capability for person centred relational practice in skill mixed teams*
- ⇒ *Join the dots! We can achieve more by networking existing teams, resources and services*
- ⇒ *Use all our assets –including technology and valuable expertise from the voluntary sector*
- ⇒ *An integrated transdisciplinary approach with no barriers. Brilliant!*

Need to adapt TEC to suit people with varying levels of dual sensory impairment (hearing & sight)

Involve Community link workers and people in social prescribing

You will find the webinar recording, presentation slides and topic resource [here](#)

[Register](#) for our next webinar: Creating Wellbeing in Later Life – what works?
Wednesday, 27th April @ 4.30 pm (GMT)



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