

Integrated Care in Small Islands Special Interest Group Symposium Friday, 23rd September 2022

SIG members from 10 islands exchanged insights in our second virtual symposium for 2022.

Ms Lisa Cassar, CEO Social Care Standards Authority (SCSA), Malta outlined the principles that underpin the regulatory standards for older persons in Malta, reporting to the Minister for Active Ageing. The SCSA inspects services against these standards and a suite of quality indicators.

Dr Dawn Moody Associate Medical Director, NHS Orkney

described a collaborative approach to frailty, building on the interest, enthusiasm and expertise in frailty dispersed across the Orkney system. Aims are to

- ◆ improve awareness, understanding and identification of frailty;
- ◆ promote measures to prevent and slow progression of frailty;
- ◆ optimise outcomes and reduce treatment burden associated with frailty syndromes.

Let's set up an inter island action learning set for our frailty practitioners/ leads

Cheryl Young, Nurse Consultant, Hospice Isle of Man spoke of the Palliative Care Academy that offers evidence-based training on a wide range of topics to build confidence and competence of people who are supporting patients, families and carers who have a life-limiting condition in all settings across the island.

Opportunity to align education and training across Frailty and Palliative care

Martin Malcolm, Head of Public Health Intelligence, Research and Innovation Lead, NHS Western Isles reported three examples of innovative digital support for mental health in remote communities: a Northern Peripheries and Arctic funded Mental Wellbeing project (ChatPal); Technology enabled support for Anxiety (IT4Anxiety project); and remote Digital Arts Therapy as part of the [mPower project](#).

Co-design with citizens was a strong success factor for all three projects – and one involved a Hackathon!

Karen Leach Associate Director, Community Health and Social Care, States of Guernsey reflected on emerging learning from bringing all key providers together as a professional alliance around values based on Compassion, Accountability, Respect and Excellence (CARE). The shared mission is using collective expertise to help fully integrate the health and social care system to make it as efficient and accessible as possible – constantly reviewing and improving services, creating the right working environment, making the best use of resources across all of health and social care.



Take Home Messages

Relationships, trust and support are vital to improve care quality

People working in island systems wear many hats - multi-tasking is the norm!

- ⇒ The focus on relationship building has already improved wellbeing and job satisfaction for professionals working with older people in Orkney.
- ⇒ Guernsey's paramedic Frailty Practitioner is raising awareness and knowledge about frailty - and doing a CGA through cake and conversations at home!
- ⇒ Isle of Man has made frailty a priority. Regular multi professional meetings discuss how to support people living with frailty and improve general wellbeing.
- ⇒ In the Western Isles, Community Navigators help people who are socially isolated connect with community/third sector supports and with digital opportunities
- ⇒ Organisational and clinical/ care governance is a multidimensional challenge – a puzzle to be solved together

Staff morale is key to patient quality and safety

Ego gets in the way of professionals ceding power



You will find the webinar presentations and recording [here](#)