International Foundation for Integrated Care
IFIC Scotland

UWS UNIVERSITY OF THE WEST of SCOTLAND

ALLIANCE
HEALTH AND SOCIAL CARE ALLIANCE SCOTLAND
people at the centre

HEALTH AND SOCIAL CARE SCOTLAND

Integrated Care Matters Webinars Series 9

Supporting Self Management

Hosted by:

Grace Beaumont

Programme Manager – Self Management
Health and Social Care Alliance Scotland (the ALLIANCE)
W: www.alliance-scotland.org.uk

International Foundation for Integrated Care
IFIC Scotland

UWS UNIVERSITY OF THE WEST of SCOTLAND

ALLIANCE
HEALTH AND SOCIAL CARE ALLIANCE SCOTLAND
people at the centre

HEALTH AND SOCIAL CARE SCOTLAND

Panellists

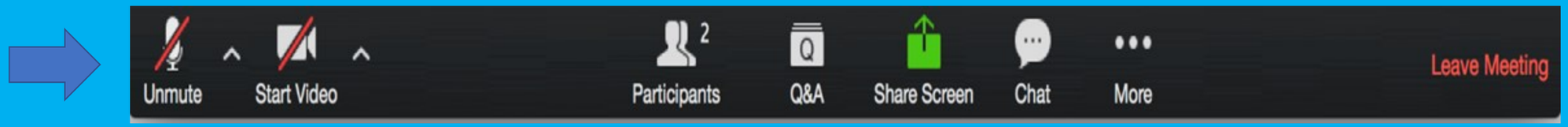
Caroline Brocklehurst
Self Management Network Scotland

Leo Lewis
International Lead
Bevan Commission

Neil Stephens
Senior Manager, Systems Transformation
Toronto, Ontario

Housekeeping

- **Panellists**: Please mute your microphone on the tab when not speaking



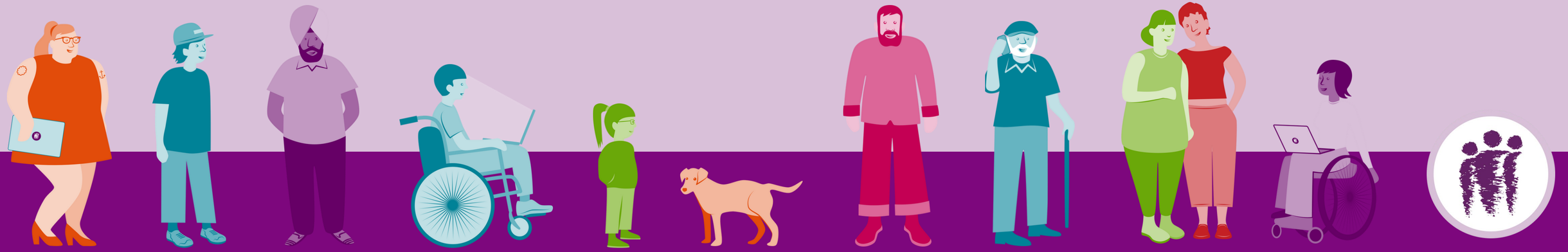
- **Delegates:** **Please add your questions to the Q&A Box**

  Use the Chat Box for comments or weblinks and send to all

- **Social media @IFICInfo #IFICScotland #ICMatters #SelfManagement24**

Self Management Journeys

Self Management Week 2024

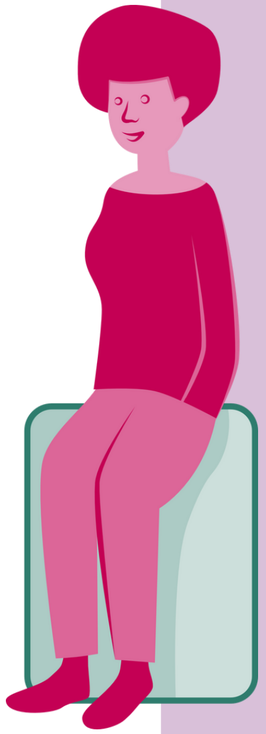


About the ALLIANCE

We are a national third sector intermediary for health and social care, bringing together a diverse range of people and organisations who share our vision of a Scotland where everyone has a strong voice and enjoys their right to live well with dignity and respect.

About the ALLIANCE

We work with our members and partners to ensure lived experience and third sector expertise is listened to and acted upon by informing national policy and campaigns, and putting people at the centre of designing support and services.



Our aims

1. Ensure disabled people, people with long term conditions and unpaid carers voices, expertise and rights drive policy and sit at the heart of design, delivery and improvement of support and services.
2. Support transformational change that works with individual and community assets, helping people to live well, supporting human rights, self management, co-production and independent living.
3. Champion and support the third sector as a vital strategic and delivery partner, and foster cross-sector understanding and partnership.

Our programmes

Community Links Worker Programme

Our Community Links Worker Programme makes links between individuals and community support through their GP practice.

The main aim of the Community Links Worker Programme is to mitigate the impact of the social determinants of health.

Digital Health and Social Care

Our programme is about supporting transformational change in health and social care by exploring digital and innovative technologies and ways of working.

Person Centred Voices

Our Person Centred Voices programme works with health and social care and other sectors to encourage culture change on person centred practices.

Person Centred Voices

Effecting Change - Improving Culture

Self Management

Self management is a way of living and working that means people living with long term conditions feel more in control of their own health and wellbeing.

It supports people to live their lives better, on their terms.

Self Management
Network Scotland

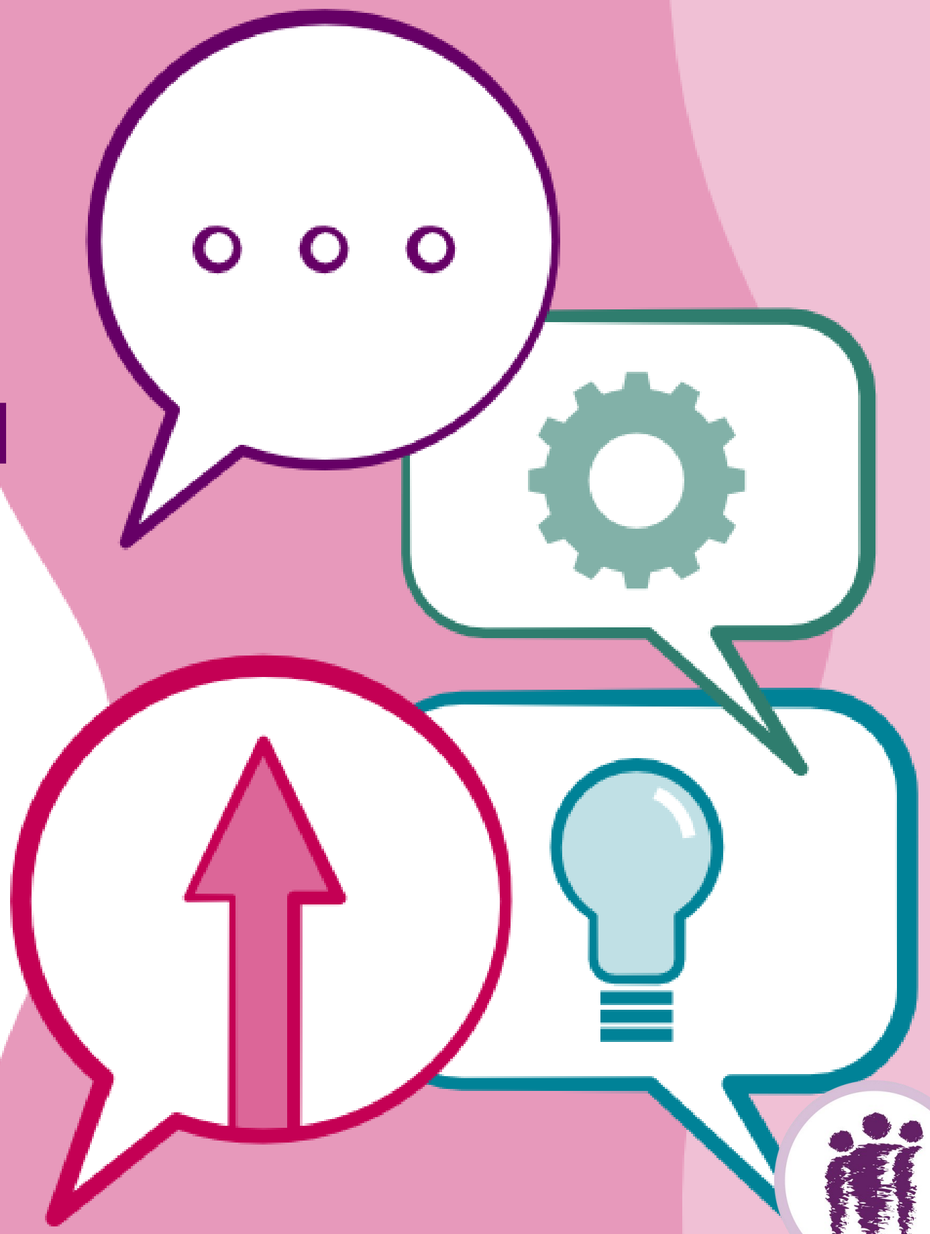
Self Management Fund

The ALLIANCE administers the Self Management Fund on behalf of the Scottish Government, supporting third sector and community based organisations across Scotland to develop self management activities.

Since 2009, The ALLIANCE has awarded over £28 million in funds to 464 projects.

Self Management SIG

- Facilitate collaboration
- Enhance our understanding and adoption of self management.
- Work to enable people centred integrated care in different health and care systems



Self Management Week 2024

- Theme of Journeys
- Sharing good practice
- Building networks

Thank you!

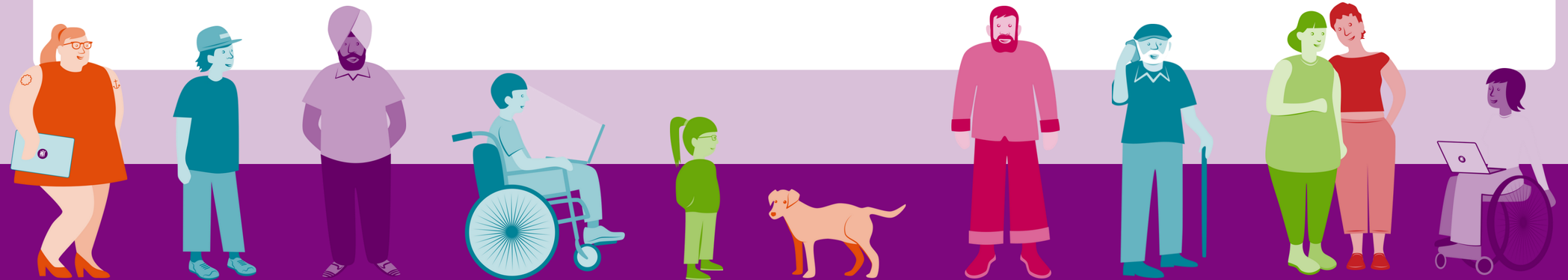
Find us at:

Health and Social Care Alliance Scotland

@ALLIANCEScot @SelfMgmtScot

@alliance.scotland

www.alliance-scotland.org.uk

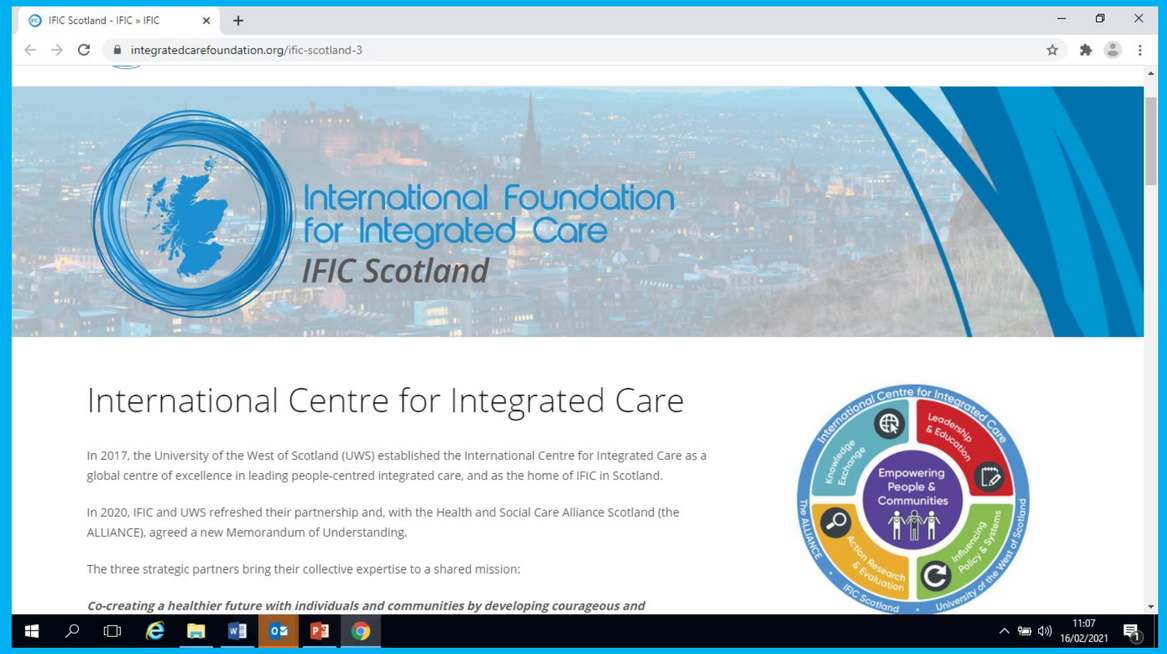


Upcoming IFIC Conferences

Find out More

Find out More (call for papers open)

Thank you



https://integratedcarefoundation.org/ific-scotland-3

@AnneIFICScot
@mandynetwork
@IFICInfo
@SelfMgmtScot

Marie Curran IFICscotland@integratedcarefoundation.org