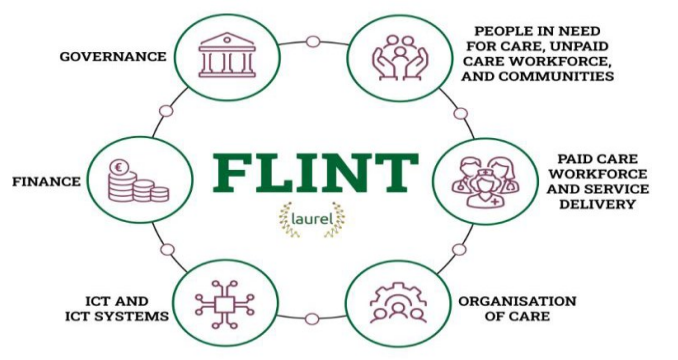
Integrated Care Matters

Creating the Conditions for Long Term Care

FLASH REPORT

135 People from 31 Countries Registered for the Webinar

Giulia Lanfredi, Project Officer, Eurocarers and **Dr Anam Ahmed,** Senior Research Consultant, Panaxea shared insights from the Laurel project, exploring **integrated long-term care (I-LTC) provision and support solutions in Europe**. They invited participants to reflect on one of the first outputs from their project: FLINT - a new framework for integrated LTC.



Delegates noted the interdependencies of the six domains. Some participants questioned if the social determinants of health and wellbeing were adequately reflected in the framework. Others encouraged more recognition of the contribution of the housing and voluntary sectors to long term support.

You can read more about this framework and join the Laurel community at www.laurelproject.eu

Follow @IFICInfo and watch for a joint webinar on June 12 by IFIC and the Global Observatory on LTC. This will feature three projects funded by Horizon Europe - BUILD, LeTsCare and Laurel projects.

Dr Stefania Ilinca, Technical Officer, WHO Regional Office for Europe, Senior Atlantic Fellow for Equity in Brain Health, and Salzburg Global Seminar fellow introduced WHO Europe's emerging regional strategy Ageing is Living.

She also highlighted the State of LTC Toolkit designed to support policy- and decision-makers in their efforts to transform long-term care systems through a person-centred approach that ensures individual care needs, preferences and expectations inform system design and reforms. The conceptual framework has 25 analytical domains clustered around five key components – population care needs, system inputs, outputs, outcomes and population-level impact. You can access the Toolkit here

In line with the inclusive and collaborative approach of her work on LTC, Stefania invited interest in contributing to a new study that aims to develop a set of user-reported outcomes to measure quality of long-term care (LTC) across settings. To get involved in the modified Delphi contact her at ilincas@who.int

Nicola Watson, Homeshare and Nations Officer at Shared Lives Plus was joined by **Tom Milnes**, a Shared Lives Plus Ambassador. Tom spoke eloquently of the difference Shared Lives has made to his life and opportunities.

Through highly relational, strength based and person centred models, an adult or young person who needs support is matched with an assessed, approved, trained and self- employed Shared Lives carer who provides **day support, overnight breaks or a place to live.** Together, the person needing support and the Shared Lives carer share the carer's family and community life.

Flexible, personalised, responsive and resilient support.

Homeshare enables two people to share a home for mutual benefit. The Householder receive practical help and companionship at home and Homesharers have a safe and affordable place to live. Homesharers are not charged rent but agree to contribute fairly to household living costs and pay a monthly fee to the Homeshare organisation. Homesharers and householders share home life, time, skills and experiences.

You can read more at www.sharedlivesplus.org.uk and www.homeshareuk.org

TAKE HOME MESSAGES

Relationships drive integrated care

Ageing with dignity, purpose and good health

The best care is the care we don't need!

The only pathway to sustainable long-term care services is PREVENTION.

Timely access to LTC also means no premature flow to long term care.

Prevent, delay and reduce frailty and disability to reduce demand for LTC

In shared lives we are a family – we look after one another

Integrated care is truly relational

More time and value needs to be put into building relationships

You will find the webinar recording here

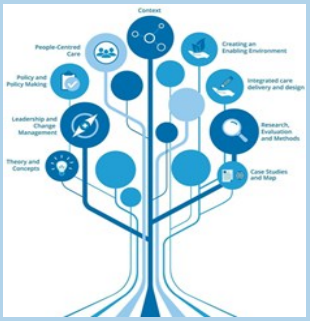
Presentation slides and Flash Report here

Register for our next webinar on Wednesday 11th June:
Enhancing Wellbeing and Preventing Loneliness

IFICScotland@integratedcarefoundation.org https://integratedcarefoundation.org/ific-scotland-3

@IFICInfo #IFICScotland #ICMatters

Topic Resource



Laurel Project

Home - Laurel Project

Laurel community: https://laurelproject.eu/laurelcommunity/

Laurel report https://laurelproject.eu/wp-content/uploads/2025/04/Laurel-Opportunities-and-Challenges-Along-the-Life-Course.pdf

WHO Resources

WHO

New framework to support countries achieve integrated continuum of long-term care

State of long-term care in Ireland

State of long-term care in Greece

State of long-term care in Lithuania

Shared Lives Plus Resources

- Independent research related to Shared Lives - Shared Lives Plus
- Our Shared Lives reports - Shared Lives Plus
- The State of Shared Lives - our annual sector report - Shared Lives Plus
- Our Homeshare reports - Shared Lives Plus
- The Coffey Report (2010): An evaluation of 3 Homeshare pilot programmes
- Intergenerational Homeshare programmes: A piece of the 'ageing in place' puzzle?
- Scie Evaluation of the Homeshare pilots (2018)

Homeshare Resources - Homeshare UK 2020 Report - Homeshare UK

Other resources

Mental health services/ hospital discharge in Wales: WHO Guidance on community mental health services (p128 onwards)

Caregiver Centered Care: Education & Training:

Royal College of General Practitioners Care Planning: Improving the Lives of People with Long Term Conditions- A Summary

Canada Institute for Health Information: Healthy aging: Safe and supportive care for older adults